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ROCK OUT WITH THEIR MOCK OUT

TRIBUTE BANDS LIKE VAG HALEN RECLAIM ROCK'S MALE VOICE FOR THEMSELVES PAGE 31

911 gets text friendly, for some

Deaf, hard of hearing and speech-impaired people being asked to sign up for the ability to send emergency SMS in Ottawa PAGE 3

Satellite spots possible debris of lost plane

Air search of southern Indian Ocean for missing plane called 'best lead' so far PAGE 16

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MEET THE DEBATERS

From left, Quebec Solidaire Leader Francoise David; Coalition Avenir du Quebec Leader Francois Legault; Parti Quebecois Leader Pauline Marois; and Liberal Leader Philippe Couillard pose for a photograph prior to the leaders' debate Thursday in Montreal. The Quebec election looms larger than most provincial contests because a PQ win might mean a referendum on separation. For more on the debate, go to metronews.ca. PAUL CHIASSON/THE CANADIAN PRESS

Probably the most expensive dogs in the world

These Tibetan mastiff twins sold for $3 million. Yes, they are fabulous, and no, you can't pet them PAGE 18

Ottawa makes the playoffs

In women's curling, that is. Rachel Homan and the rest of her crew defeat the Chinese to advance to the next round at the Ford Women's World Curling Championship PAGE 34

Some U of O hockey players won't talk: Police

Alleged sexual assault. Most of the team co-operative, investigators say

JOE LOFARO
joe.lofaro@metronews.ca

Some University of Ottawa men's hockey team players are refusing to be questioned said Thunder Bay Police as they wrapped up interviews with members of the team as they probe an alleged sexual assault.

Few details about the investigation have been released, but police so far have said the alleged incident happened on the weekend of Feb. 1 in Thunder Bay while the U of O team was there for an away game.

Thunder Bay police and members of the Thunder Bay detachment of the RCMP arrived in Ottawa last week to conduct interviews.

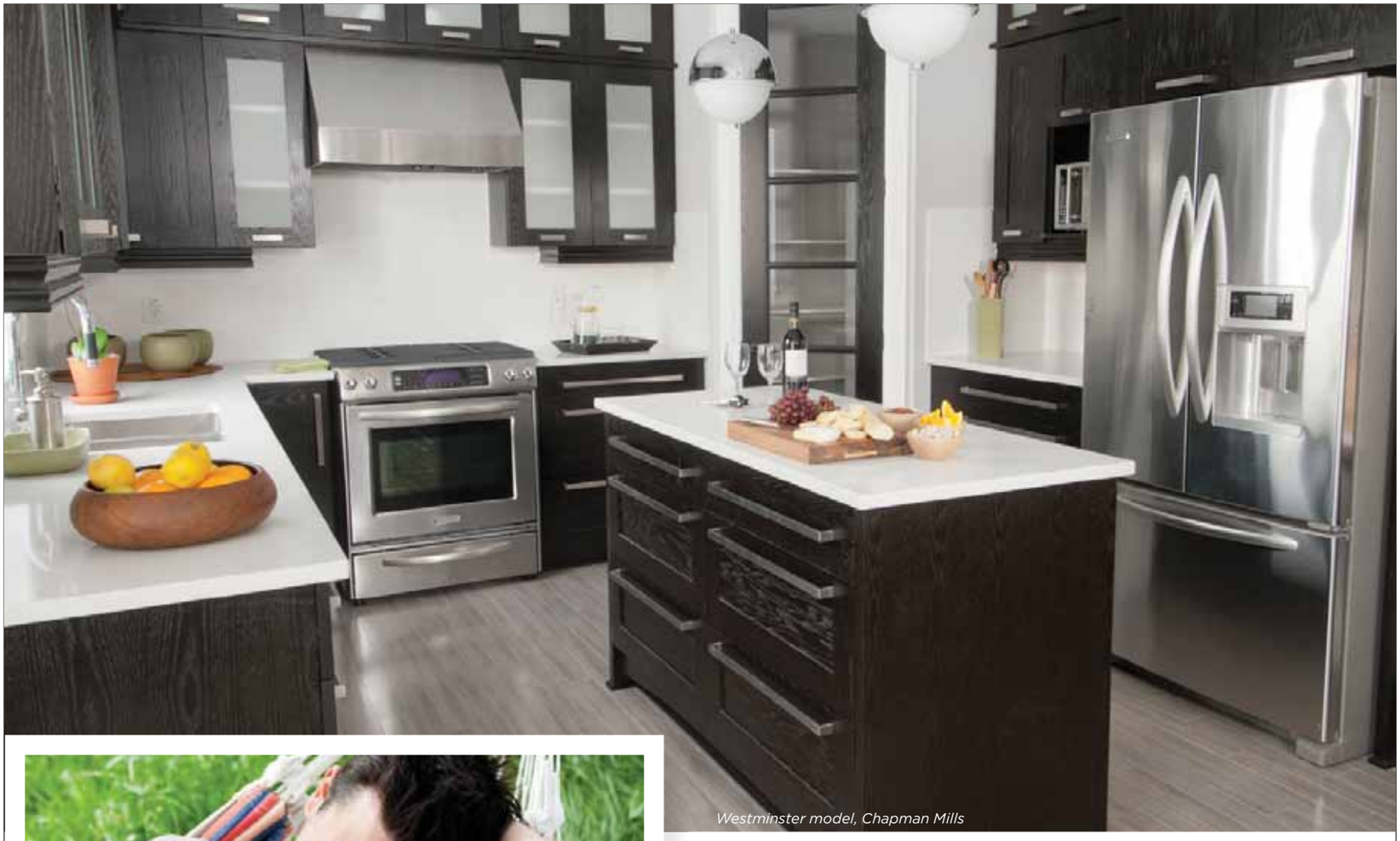
Police said Thursday in a news release after returning to Thunder Bay that most of the team was cooperative with investigators, but, "unfortunately, a number of players chose not to speak to police."

Online

You may also submit an anonymous web tip at tipsubmit.com.

Police thanked Ottawa police and the University of Ottawa for their co-operation. The investigation continues.

Anyone with information is asked to contact Thunder Bay Police Service at (807) 684-1200, Ottawa Police Service's Sexual Assault and Child Abuse Section at 613-236-1222 ext. 5944 or Crime Stoppers at 1-800-222-TIPS (8477).



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Texting 911 should only be for the deaf: Police

In some U.S. jurisdictions, anyone can text a call for help to 911. That's not the case in Ottawa. TREVOR GREENWAY/METRO

Ottawa Police are asking deaf, hard of hearing and speech-impaired people to register for the ability to text 911 for help, but they are adamant this is not a trend for the general population.

The CRTC ruled police across Canada need to ensure people who can't use cellphones to call for help are able to communicate with dispatchers.

Ottawa Police Inspector Paul Gallant said using TTY systems from home is still ideal.

"But when they go out to Loblaws they need a way to communicate. Right now what happens when you text to a land line?" he said.

What happens is a strange robot voice relays your messages from a cellphone text to a land line.

"This isn't available yet for Ottawa or anywhere in Canada outside of Vancouver," Gallant said of the yet to be offered 911 texting system.

"Ideally we would have it up and running in a year, but right now we are just getting ready for it."

Gallant emphasized text would never be the preferable method for the general population.

"We want quick communication and quick updates. Voice calling is the best option," he said.

The U.S. Federal Communications Commission has taken a more lenient approach, saying in a policy statement adopted earlier this year that every wireless carrier that sends text messages to phone numbers should support text-to-911 capabilities.

OONA WOODS/FOR METRO

Cyclist takes to Twitter after vehicle parked in bike lane

In 140 characters.
Ottawa cyclist tweets photo of 'especially egregious violation'

JOE LOFARO
joe.lofaro@metronews.ca

As a regular cyclist in downtown Ottawa, Eric Goodwin sees his fair share of "the best and the worst" when it comes to cars and bicycles sharing the road along the Laurier Avenue segregated bike lane corridor.

What he saw Wednesday morning was so bad it was worthy of a photo and rant on his Twitter page. Understandably so — he had to take his bike to the sidewalk after someone squeezed their red sedan within the concrete barrier, completely blocking the westbound lane.

"I don't even know how they got into that spot. They must have backed into it. It was an especially egregious violation of the bike lane," said Goodwin on Thursday.

He said he snapped the photo at 8:25 a.m., but didn't post it online until 8:59 when he arrived at his destination.

Another person Tweeted an aerial view of the same car at 8:42 a.m., which indicates the car could have been parked there for at least 17 minutes.

"If I have to ride out into traffic and I get clipped by some other moron, that apparently doesn't matter. It's thoughtlessness, I think, mostly," said Goodwin.

When asked the number of times he has personally seen vehicles block or park inside the segregated bike lane, he said it is "uncountable."

"Every once in a while I'll give someone grief. My favourite was (when) I told the guy who was sitting with his window open, 'You can't park there!' and he was like, 'I know, I'm just waiting for somebody!'" recalled Goodwin.

With the parking violations occurring on a regular basis from his perspective, he said he was surprised there have only been 41 complaints filed with the City of Ottawa for vehicles parked in the bike lanes since their unveiling in 2011, according to statistics from Linda Anderson, chief of by-law and regulatory services.

"It's disappointingly low," Goodwin said, adding that the city should step up enforcement.

Motorists might want to err on the side of caution. Anderson said "for at least the next week, a Parking Control Officer has been dedicated to monitoring this bike lane."

Ottawa cyclist Eric Goodwin tweeted this photo of a car parked in the Laurier Avenue West segregated-bike lane Wednesday on his way to work.
ERIC GOODWIN/CONTRIBUTED

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Canadian drivers keep truckin' through eco-friendly auto pool

Auto show. Buyers don't appear to be impressed by ability to generate power from braking

OONA WOODS
ottawa@metronews.ca

Canada remains sold on the meat-and-potatoes Ford F-150 pickup, but sales of the more vegan electric and hybrid Fords are also on the rise.

Ford's retail marketing strategy manager Dean Geddes says sales of electric models increased 500 per cent between 2012 and 2013.

"There are huge rebates for buyers in Ontario," says Geddes. "Up to $8,500, if they actually live in the Province."

But the classic pickup does remain remarkably popular. "That is the No. 1 selling vehicle in Canada for 48 consecutive years," says Geddes.

The 2014 F-150 is on display at the Ottawa Gatineau International Auto Show at the Convention Centre until Sunday.

Most vehicles on display are offering e-models and hybrid versions of popular models.

Ford is no exception.

There are three types of power-saving models on the market now: the hybrid, the pure electric vehicle and the plug-in hybrid vehicle.

"The plug-in hybrid can travel for 40 kilometres on a charge. It just uses a 120-volt outlet that you have in your home or you can get a 240-volt charging station. The vehicle, known in Ford as the Energi has an on-board gas engine and regenerative breaking, which means there is no range anxiety," said Geddes. "It's really taking off between government incentives and the price of oil."

Buying green

"There are huge rebates for buyers in Ontario.... Up to $8,500 ..."
Dean Geddes of Ford

While the Ottawa Gatineau International Auto Show boasts some impressive electric and hybrid vehicles, Ford was quick to point out its F-150 has been the best-selling Canadian vehicle 48 years in a row. The MRSP of the truck is $24,745. OONA WOODS/FOR METRO

Construction is already underway on a new community health centre at 30 Rosemount Ave. CONTRIBUTED

Health centre enlists community

A community health centre in Ottawa is launching a fundraising campaign for a new branch in Hintonburg. Somerset West Community Health Centre (SWCHC) will open a second location at 30 Rosemount Ave. in September 2014.

"There are seven community health centres in the city and we're strategically located in neighbourhoods with low income levels and where we can help newcomers to Canada," said Rosemary Jones, resource development manager for SWCHC. The health centre provides a range of services including primary care, a walk-in clinic, senior services and child and youth programs.

"Our goal is to raise $500,000 — we think this is very attainable," said Jones. The money will go to enhancing the centre's interior program spaces such as their child-care spaces.

"We are really hoping to engage the community in this fundraiser," Jones said. Over the course of the next six months, SWCHC will organize activities such as street-hockey tournaments, round-robin fitness events and pub nights.

"The money from the fundraiser will also be used for retrofitting the existing centre," said Jones.

TANYA KIRNISHNI/FOR METRO

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Fight for the Cure: Long arm vs. strong arm

Gilbert Latreille, left, will duke it out against defence lawyer Lawrence Greenspon in this year's Fight for the Cure.
CONTRIBUTED; TORSTAR NEWS SERVICE

'Alternative dispute resolution.' Ottawa defence lawyer takes on retired public servant

TREVOR GREENWAY
trevor.greenway@metronews.ca

Ottawa lawyer Lawrence Greenspon is used to fighting his battles in the courtroom.

Retired public servant Gilbert Latreille resolves all of his conflicts through problem solving. Neither has ever been in a street fight, but on March 29 they will step into a boxing ring and duke it out in the Fight for the Cure benefit for the Ottawa Regional Cancer Foundation.

"I just want to survive, really," laughed Greenspon. "I have to keep my head protected so I can walk out of there."

The defense lawyer didn't even know what it felt like to take a punch until he started taking punches from slugger and Liberal Party leader Justin Trudeau. Greenspon's been training with Trudeau and taking tips from the politician who won last year's epic Fight for the Cure against former Senator Patrick Brazeau.

"He is pretty darn good," said Greenspon. "He keeps getting me with his left hook to the side of my head. I have to remember to keep my right hand up."

His opponent is just as green when it comes to scrapping. Latreille spent his career in human resources and worked extensively in "alternate dispute resolution," which is the farthest thing from fighting.

"As a human resource manager, we deal with all kinds of issues: staffing, labour relations," he said. "In this type of work, to resolve differences, you don't use your fists. I have never done this before. I am 100 per cent white collar."

Whether they win or lose, both Latreille and Greenspon are just happy to raise money for cancer — a disease that has touched both of them personally, with family and friends succumbing to it and surviving it.

Since its creation in 2008, Fight for the Cure has raised close to $500,000 for the Ottawa Regional Cancer Foundation and organizers this year are hoping to raise an additional $100,000.

In this corner

Lawrence "The Defender" Greenspon:

- Record: 0-0-0
- Age: 59
- Height: 5'11"
- Weight: 195 lbs
- Strengths: To be determined...
- Weakness: Lack of fighting experience
- Boxing Hero: Rubin "Hurricane" Carter

In that corner

Gilbert "Nickname to be determined after the fight" Latreille:

- Record: 0-0-0
- Age: 55
- Height: 5'11"
- Weight: 181 lbs
- Strengths: Speed and power
- Weakness: Nervousness
- Boxing Hero: Vitali and Wladimir Klitschko

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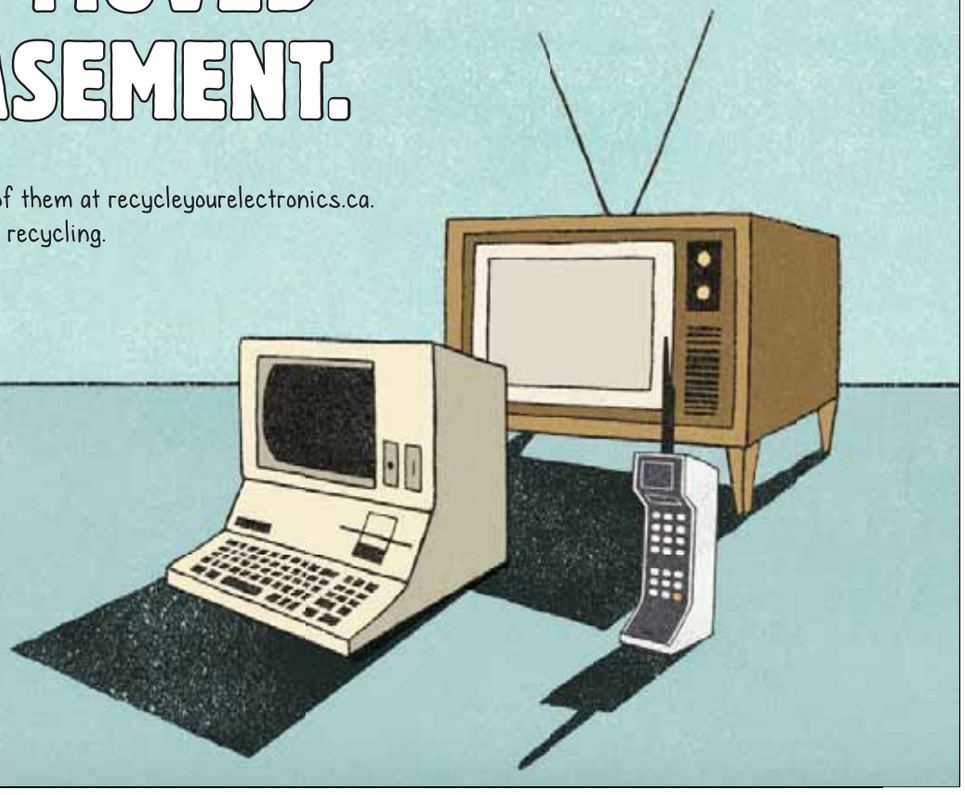

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A breath of spring air. Get inspired by this year's home and garden show

Gardeners, cooks and interior design enthusiasts can get inspired at this year's Ottawa Home and Garden Show. Organized by Expomedia, the trade show is happening Mar. 20-23 at the EY Centre on 4899 Uplands Drive. Bringing together over 350 exhibitions and experts, the show offers numerous products and services for outdoor and indoor living.

"There is a 3000-square-foot garden for people who are desperately wanting to feel the spring," says Stephanie Kelly, Communications Manager for the event. As one of the main show highlights, the Dream Garden allows visitors a chance to get ideas for their own gardens as they relax among the flowers.

"The stage presentations are really incredible," says Kelly. Ranging from talks on home decor to gardening, the presenters will offer up advice on everything from seasonal cuisine to repurposing objects around the home. Some of the presenters include award winning interior designer Penny Southam, Divine Design host Andrew Downward, and culinary expert Ron Eade.

On Mar. 21 the presentations will center around financing and decorating on a budget. One of the key speakers, Kevin Cochran, will talk to parents about debt-proofing their children and teaching them healthy money habits.

Those attending the show will also have a chance to win over $30,000 in prizes.

TANYA KIRNISHNI/FOR METRO

Presentations

On March 21, the presentations will centre around financing and decorating on a budget.

- One of the key speakers, Kevin Cochran, will talk to parents about debt-proofing their children and teaching them healthy money habits.

Music program tunes in to kids with autism

Sound you can touch. Interactive concert at the NAC on Saturday

A pilot-project music program in Ottawa is aiming to gently introduce kids with autism and Asperger Syndrome to live tunes.

The Lotus Centre for Special Music Education teamed up with the National Arts Centre (NAC) to develop music workshops for six- to 12-year-old kids with special needs, and their parents.

Erin Parkes, director of the Lotus Centre, said children with autism tend to respond well to music, but may be easily overwhelmed in a concert setting.

"There was just nothing offered in Ottawa, really, in terms of music for kids with special needs," she said. "In North America, there's only one other school, that I know of, like Lotus Centre, that offers music lessons just for kids with special needs. They do quite well as long as it's presented in an adapted environment that makes sense to them."

Elizabeth Simpson, a French horn player with the NAC, lead the first three workshops at the Lotus Centre. She introduced brass instruments that the kids could touch, played classical music, had the group clapping and singing and played a lullaby to calm everyone. Headphones were available for anyone who didn't like certain sounds.

Parkes said that within two hours of advertising the event by email, the workshops had a waiting list.

Meredith Willis Vautour was lucky enough to nab a spot for her six-year-old son, who has autism. She said he has always loved classical music, but that taking him to a concert at the NAC would be too overwhelming with all the lights and people around.

Elizabeth Simpson, a French horn player with the National Arts Centre, has been leading a pilot-project music program geared at kids with autism and Asperger Syndrome. CONTRIBUTED

When he learned he would be able to touch brass instruments, he warmed up to the workshops. And he really took to the classical music, she said.

"The telltale sign, for us, was when it was all over, he just silently sat there and we saw tears running down his cheek," she said. "So then we knew, this was it. He loved it."

There will be a final interactive concert at the NAC on Saturday. Parkes said she hopes to develop the music program beyond the pilot phase.

LUCY SCHOLEY/METRO

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Young people perform in the 2013 Project Acorn Variety Show. As children of LGBTQ families have grown up, so has the camp program established by the Ten Oaks Project. CONTRIBUTED

From a small acorn a camp has grown

TOP is tops. Ten Oaks Project camp for children of LGBTQ parents celebrates 10th annual bowling fundraiser

A local LGBTQ organization is hoping to get a strike at their bowling fundraiser for youth summer camps. Sponsored by TD Bank, Ten Oaks Project's (TOP) 10th annual Bowl-A-Thon is taking place March 29 from 2 p.m. to 6 p.m. at McArthur Bowling Lanes.

"We call it the Adventure Bowl, where we come up with silly little challenges like holding your teammate's hand while bowling," says Hannah Biancardi, Programs Manager for TOP. Along with arcade games and face painting there will be a prize pile for children to pick out a keepsake.

"There really wasn't much in Ottawa for youth that came from LGBTQ families," says Biancardi, explaining that TOP grew out of the needs voiced by the community. Camp Ten Oaks, a weeklong overnight camp founded by TOP in 2005, started out with twenty-five campers and has since then grown to host about seventy kids ages 8-17.

"They consider camp one of their homes," says Biancardi.

In 2009 TOP started a second camp called Project Acorn for older youth ages 16-24. Both camps offer the classic camping experience of swimming, arts and crafts, canoeing and cheesy campfire songs but there is also a social justice component. Each year they choose a theme such as family or mental health around which they can have discussions.

"Older people have come back every year since when they were eight or nine," says Biancardi, emphasizing that it is their volunteer work that make these events possible.

"When they started coming to camp they could talk about things without being bullied or discriminated against," says Biancardi. She explains that the camps teach youth skills for overcoming life's obstacles while providing the added reassurance that they have a community standing behind them.

"It builds a resiliency that they carry forward in their lives," says Biancardi.

TANYA KIRNISHNI/FOR METRO

Quoted

"Older people have come back every year since when they were eight or nine."

Hannah Biancardi, programs manager for TOP

Y Cycle for Strong Kids

Spinning those wheels for charity

An indoor cycling fundraiser offers participants a chance to compete for great prizes while raising money for kids. Y Cycle for Strong Kids will take place March 23 from 10 am to 2 pm at the Taggart Family Y on 180 Argyle Avenue.

Donors and supporters could win prizes such as iPods, gift certificates and Ottawa Senators tickets. All proceeds go to the national annual Y Strong Kids Campaign which promotes and supports healthy living among youth and families in local communities.

For this year's campaign the YMCA-YWCA of the National Capital Region hopes to raise $150 000. Nationwide, YMCA's goal is to fundraise $13 million to make Y programs accessible to all families regardless of financial constraints.

TANYA KIRNISHNI/FOR METRO

Rainbarrel.ca

Get your rain barrel right here

Ottawa residents can save some money and help protect the environment by taking advantage of a rain barrel sale. Ottawa Riverkeeper, a charity dedicated to protecting the Ottawa River, is having a Rain Barrel fundraiser it hopes will help reduce urban runoff on May 10 at Elmdale Public School. METRO

800 Canadians Own Property in Ecuador!

WHY?

"*Because we can!*" responds **William Burgel**, who recently purchased one of the 1600 home sites from the Canadian company HolaEcuador. "*With prices like that we can finally afford a property in the south.*"

"*Prices start at $15,000 for a lot and $55,000 for a nice little beach house. For $120,000 you can own a luxurious home that would easily cost $300,000 or more in Canada.*"

"*It's an ecological Canadian project, with all the amenities included. Electrical, water and sewage, internet, on-site security, pools, parks, tennis courts, and more – they really thought of everything,*" he adds, visibly proud of his acquisition.

One of the beautiful homes being built by HolaEcuador

But perhaps most attractive for property owners: the ocean! The project is situated on one of the 3 most beautiful beaches of Ecuador, directly in front of the 'Mini Galapagos' island in the Machalilla National Park.

The owners benefit from a half kilometer of private beach and enjoy the constantly warm and pristine waters of the Pacific Ocean – and without annoying algae or jelly-fish. It's one of the main reasons that we decided to develop at this location," says Yves Cormier and Gordon Poole, the Canadian co-owners of HolaEcuador.

ECUADOR?

"*Ecuador has long been a well-kept secret, but tourism in the country is growing rapidly. It's the Costa Rica of 15 years ago,*" affirms Mr. Poole.

Ecuador has more than just beautiful beaches – it's perhaps the most bio-diverse country in the world! Within reach of a day trip are the Amazon rain forests and the incredible Andes mountain chain. And of course, the world famous Galapagos Islands.

All of this to offer, and with incredible infrastructure to boot. Gorgeous new highways (without potholes!), high-end, accessible healthcare, a secure and safe environment and an extremely low cost of living. In fact, Ecuador has the **lowest cost of living in all of the Americas!** A taxi in town costs only $1 and a daily lunch special in a seaside restaurant is rarely over $3.

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Alberta deputy premier taking over for Redford

Business as usual. Dave Hancock, who's been in government for 17 years, says government will carry on and be effective

Alberta Premier Alison Redford arrives at the Alberta legislature with her daughter Sarah in Edmonton on Thursday. JASON FRANSON/THE CANADIAN PRESS

Dave Hancock, who once dreamed of being the leader of Alberta, got the job Thursday in a way he never imagined.

Hancock, Premier Alison Redford's second-in-command, was chosen by the governing Progressive Conservative caucus to replace her when she steps down on Sunday and her party begins the search for a permanent replacement.

Hancock, deputy premier and member of the legislature, has been in government for 17 years and is the longest-serving minister in cabinet.

He lost the PC leadership race to Ed Stelmach in 2006 and said Thursday he won't run again because the Tories need a fresh face.

"If we're going to show the party as moving forward, I'm probably not the guy who epitomizes that," he said.

The PC party executive is to meet Monday to set out the timeline for the leadership race, which can run anywhere from four to six months.

Redford did not attend the hour-long morning meeting to choose Hancock, but arrived at the end with her 12-year-old daughter, Sarah, in tow. She did not speak to reporters.

Hancock said the business of government will carry on and will be effective.

"We're all professionals. We all know our jobs. We all know what the people of Alberta elected us to do. We come to work every day."

When asked if he expects difficult times ahead, Hancock replied: "In this business, every day is a difficult day."

THE CANADIAN PRESS

Quoted

"We're all professionals. We all know our jobs. We all know what the people of Alberta elected us to do. We come to work every day."

Dave Hancock, soon-to-be premier of Alberta

'The mandate doesn't change'

Dave Hancock
THE CANADIAN PRESS

Hancock said he will neither be changing Redford's policies nor the direction of government. That's the prerogative of the incoming permanent leader, he suggested.

- "The mandate doesn't change," he said. "It's the mandate of government. It's the mandate under which our MLAs were elected and that is what we will continue to do."

Portland Hotel Society

Audit uncovers lavish spending by B.C. non-profit

The non-profit that looks after some of Canada's poorest citizens blew thousands of dollars on hotels, limousines — even a trip to a Disney resort. Separate financial reviews examining expenses by the Portland Hotel Society — which runs Canada's only safe-injection site — revealed misuse of corporate credit cards and unsupported expenses.

A B.C. government review and external financial audit reveal what the province says are significant concerns over the practices of the society that operates numerous programs in Vancouver. THE CANADIAN PRESS

'No due or fair process'

Trudeau slammed over blocking of Liberal candidate

Justin Trudeau's decision to block a candidate who wanted to run for the Liberals in the Trinity-Spadina byelection has been condemned by the riding's Liberal executive members.

They say the move to block Christine Innes was undemocratic and amounted to the leader breaking his promise of open nomination meetings in all ridings.

"There was absolutely no due or fair process … and there was absolutely zero local involvement," riding president Julia Metus said in a statement Thursday. THE CANADIAN PRESS

20 years later

All apologies, but nothing's changed in Cobain case

With the 20th anniversary of Kurt Cobain's death approaching, Seattle police re-examined the case files in connection with the Nirvana front man's suicide.

Police spokeswoman Renee Witt said Thursday the review found nothing new, but several rolls of undeveloped film were found.

Police took another look at the case to be ready for next month's anniversary, she said. "There's still a lot of interest in this case. The detective went into the case files to refresh himself. The outcome of the case has not changed."

THE ASSOCIATED PRESS

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BSc, LLB, LLM
Associate Professor
Faculty of Law
University of Ottawa

Eric Marcotte
PhD
Associate Director
CIHR Institute of Genetics &
CIHR Institute of Neurosciences
Mental Health and Addiction

Vardit Ravitsky
PhD
Associate Professor
Bioethics Program
School of Public Health
Université de Montréal

Moderator

Susan Zimmerman
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Canada

Pistorius to sell mansion to pay lawyers

South Africa. The Paralympic champion needs cash for the longer-than-expected murder trial; he pleaded not guilty

Oscar Pistorius is selling the house where Reeva Steenkamp died to raise money for his legal bills, the athlete's lawyer said Thursday.

Pistorius has not returned to the upscale Pretoria villa since the day his girlfriend was shot in a bathroom over a year ago and "cannot contemplate ever returning to live there again," lawyer Brian Webber said.

Pistorius, 27, had planned to keep his home "sealed" until after his ongoing murder trial, Webber said, but it is now necessary to sell it to fund his defence because the double amputee's trial will last longer than the initial three-week period that was predicted. Pistorius valued the house at $456,000 at his bail hearing last year. He has not been back there since. THE ASSOCIATED PRESS

No choice

"Due to the delay in finalizing the trial, the decision to urgently dispose of his single biggest asset has had to be made."

Pistorius family lawyer Brian Webber

Home of Oscar Pistorius in a gated complex in Pretoria. THE ASSOCIATED PRESS

India

Court convicts five in gang rapes

An Indian court convicted five men Thursday for raping a photojournalist and a call-centre operator last summer inside an abandoned textile mill in the financial hub of Mumbai. The cases renewed calls to wipe out the scourge of sexual violence in India. The rapes happened about a month apart in the same mill. Three men were convicted in both cases. THE ASSOCIATED PRESS

Books vandalized

Japan's PM to express regret

Prime Minister Shinzo Abe will visit the Anne Frank House in Amsterdam this weekend to express regret over the recent vandalism at Tokyo libraries of hundreds of books related to the young Holocaust victim. Abe will visit the museum Sunday, before he attends a nuclear security summit in the Hague. A man has been arrested in the case. THE ASSOCIATED PRESS

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America's First Lady in China

U.S. First Lady Michelle Obama arrives at Beijing Capital International Airport on Thursday. Mrs. Obama arrived in China with her mother, Marian Robinson, and her daughters, to kick off a six-day tour where she will focus on education and cultural exchange.

ALEXANDER F. YUAN, POOL/GETTY IMAGES

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Floating objects 'best lead' in search for plane

Satellite imagery. Possible debris spotted 2,500 kilometres southwest of Australia

Family members of passengers aboard the missing Malaysia Airlines plane arrive for a briefing in Cyberjaya, Malaysia, on Thursday. LAI SENG SIN/THE ASSOCIATED PRESS

An air search in the southern Indian Ocean for possible objects from the missing Malaysia Airlines plane that has been described as the "best lead" has turned up no clues as of early Friday, Australian rescue officials said.

Four planes were checking to see if two large objects spotted in satellite imagery bobbing in the remote ocean were debris from Flight 370 that disappeared March 8 with 239 people on board.

"This is a lead, it's probably the best lead we have right now," John Young, manager of the Australian Maritime Safety Authority's emergency response division said. He cautioned that the objects could be seaborne debris along a shipping route where containers can fall off cargo vessels, although the larger object is longer than a container.

News that possible plane parts had been found marked a new phase in the emotional roller coaster for distraught relatives of the passengers, who have criticized Malaysia harshly for not releasing timely information about the plane. THE ASSOCIATED PRESS

Thrill seeker. Boy, 16, charged after climbing World Trade Center spire

1 World Trade Center
ANDREW BURTON/GETTY IMAGES

A 16-year-old boy described as a thrill seeker bypassed an inattentive security guard in the middle of the night and climbed a ladder to the spire of 1 World Trade Center in New York City, where he apparently took pictures, authorities said Thursday.

Justin Casquejo was arrested at 6 a.m. Sunday at the U.S.'s tallest building and charged with misdemeanour criminal trespass, police said.

According to a criminal complaint, Casquejo was quoted as telling police: "I walked around the construction site and figured out how to access the Freedom Tower rooftop. I found a way up through the scaffolding, climbed onto the 6th floor, and took the elevator up to the 88th floor. I then took the staircase up to 104th (floor). I went to the rooftop and climbed the ladder all the way to the antenna."

His camera and cellphone were seized after authorities obtained a search warrant, said Joe Pentangelo, a spokesman for the Port Authority of New York and New Jersey police department.

According to court papers, Casquejo was released without bail after being arraigned early Monday on one count of third-degree criminal trespass and one count of trespass.

Authorities were still trying to determine the teen's motive. WABC-TV reported that he took pictures from the top of the building, where he stayed for about two hours. THE ASSOCIATED PRESS

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Polk vehicle registrations data for Canada in the Large Premium Utility, Large Traditional Utility, Large Utility, Medium Premium Utility, Medium Utility, Small Premium Utility, and Small Utility segments. †Based on highway driving in a 2014 Fiesta 1.0L GTDI - B 6-Speed Automatic Manual. 2014 Fusion FWD 2.5L 6-Speed SST, 2014 Escape 2.0L GTDI I4 6-Speed Automatic. Models shown: 2014 Fiesta ST 1.6L GTDI I4 6-Speed Manual/ 7.6 L/100KM City and 5.6 L/100KM Hwy. Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ~Based on Natural Resources Canada's city and highway ratings for Ford models, 1995 through 2014. 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Polk vehicle registrations data for Canada in the Large Premium Utility, Large Traditional Utility, Large Utility, Medium Premium Utility, Medium Utility, Small Premium Utility, and Small Utility segments. ^Based on highway driving in a 2014 Fiesta 1.0L GTDI - B 6-Speed Automatic and estimated fuel consumption ratings of 6.2L/100km City and 4.3L/100km Hwy using Government of Canada approved test methods. 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That doggy in the window? It's $2M

Some dog millionaire. Tibetan mastiff breed a status symbol for China's super rich

A man working for a dog breeder bids farewell to two Tibetan mastiffs he had been caring for outside a hotel in Tongxiang city in east China's Zhejiang province on Tuesday. THE ASSOCIATED PRESS

A Chinese dog breeder said Thursday that a property developer paid him 18 million yuan ($3 million) for Tibetan mastiff twins, highlighting how the breed has become a status symbol for China's rich.

The large, slobbery dog with massive amounts of hair used to be best known for herding sheep in Tibet, but has now become a luxury for the ultra-rich who want to spread their wealth beyond stocks and real estate.

Breeder Zhang Gengyun said he sold the one-year-old twin male dogs to a single buyer at a luxury dog fair Tuesday in wealthy Zhejiang province, located on China's east coast.

One of the twins, a golden-haired Tibetan mastiff, was sold for 12 million yuan, and his red-haired brother went for 6 million yuan.

Zhang said the buyer paid him the 18 million yuan with his credit card. He denied the sale was a ploy by breeders to hype the price of Tibetan mastiffs and said he was reluctant to sell the twins. "It's a real deal," he said.

THE ASSOCIATED PRESS

Central African Republic. Turmoil at 'terrifying level,' UN official says

Navi Pillay KEYSTONE/THE ASSOCIATED PRESS

The UN's top human rights official warned Thursday that the hatred between Christian and Muslim communities in Central African Republic is "at a terrifying level" and a state of near-anarchy means even those carrying bloody machetes and holding severed body parts in their hands are not arrested.

Navi Pillay, UN High Commissioner for Human Rights, described the situation as "almost total impunity" with "no justice, no law and order apart from that provided by foreign troops." Some 6,000 African peacekeepers and 2,000 French troops are working to stabilize the country, though they have a limited presence outside the capital of Bangui.

"I cannot help thinking that if the Central African Republic were not a poor country hidden away in the heart of Africa, the terrible events that have taken place — and continue to take place — would have stimulated a far stronger and more dynamic reaction by the outside world," Pillay said at a news conference in Bangui wrapping up her three-day visit.

"How many more children have to be decapitated, how many more women and girls will be raped, how many more acts of cannibalism must there be, before we really sit up and pay attention?"

Central African Republic descended into chaos one year ago when an alliance of mostly Muslim rebel groups in the country's north overthrew Francois Bozize, the president of a decade.

THE ASSOCIATED PRESS

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Offers subject to change and may be extended without notice. All pricing includes freight ($1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer order/trade may be necessary. Retailer may sell for less. ❖NO PURCHASE NECESSARY. Contest ends March 28, 2014 at 11:59:59 p.m. ET. Open to legal residents of Ontario over the age of majority at time of entry. Limit: one entry per person. To enter, purchase/finance/lease any new 2012, 2013 or 2014 Chrysler, Jeep, Dodge or Ram vehicle (excluding SRT Viper models) during the contest period. Seven (7) grand prizes (one for each day of the contest), each consisting of $1,000 to be used toward the purchase of Mopar accessories at participating retailers. Skill-testing question required. 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Eligible customers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or Fiat models with an eligible standard/subvented finance or lease contract maturing between January 1, 2014 and December 31, 2016. Trade-in not required. See retailer for complete details and exclusions. €$5,125 in Package Value available on the new 2014 Dodge Grand Caravan SXT Ultimate Family Package (RTKH5329G) model based on the following MSRP options: $850 Climate Group, $1,925 Single DVD Entertainment, $1,500 SXT Plus Group and $850 Uconnect Hands-Free Group. $7,140 in Package Value available on the new 2014 Dodge Journey SXT Ultimate Journey Package (JCDP4928K) model based on the following MSRP options: $1,475 Flexible Seating Group, $1,200 Rear Seat DVD, $525 Convenience Group, $2,645 Navigation & Sound Group and $1,295 Sunroof. See your retailer for complete details. ★Discounts available at participating retailers on the purchase/lease of only the following new vehicles. 2014 Dodge Grand Caravan SXT with Ultimate Family Package (RTKH5329G). Discount consists of: $850 in no-cost options and $2,500 DVD Incentive that will be deducted from the negotiated price before taxes. 2014 Dodge Journey SXT with Ultimate Journey Package (JCDP4928K). Discount consists of: $2,495 in no-cost options and $2,500 DVD Incentive that will be deducted from the negotiated price before taxes. Some conditions apply. See your retailer for complete details. *Consumer Cash Discounts are deducted from the negotiated price before taxes. †4.29% purchase financing for up to 96 months available on new select models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. 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The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under license. **Based on 2013 *Ward's* upper small sedan costing under $25,000. ^Based on R. L. Polk Canada, Inc. May 2008 to September 2013 Canadian Total New Vehicle Registration data for Crossover Segments as defined by Chrysler Canada Inc. ®Jeep is a registered trademark of Chrysler Group LLC. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.**

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Province kickstarts new rules for online crowdfunding

Crowdsourcing ideas.
Ontario leads way on proposed regulations for businesses raising funds from individuals on web

The Ontario Securities Commission is proposing new rules to allow start-ups and early-stage businesses to raise up to $1.5 million a year from individuals through registered crowdfunding web portals.

Several other agencies, in Saskatchewan, Manitoba, Quebec, New Brunswick and Nova Scotia, said Thursday they'll also publish the Ontario proposals for comment at the same time.

But the British Columbia Securities Commission made it clear Thursday that it has a different approach in mind.

"The BCSC is not publishing the Ontario crowdfunding proposal at this time, but will monitor crowdfunding developments across the (Canadian Securities Administrators)," the B.C. agency said.

Goes its own way

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- "The BCSC is not publishing the Ontario crowdfunding proposal at this time, but will monitor crowdfunding developments across the (Canadian Securities Administrators)," the B.C. agency said.

Entrepreneurs use crowdfunding to pitch their ideas directly to large numbers of consumers, who then invest typically small amounts in the startup. There have been concerns that individual investors could be at risk of fraud if they are victims of unscrupulous schemes.

OSC chief executive Howard Wetston said Ontario's approach would provide new regulatory rules to provide businesses with more access to capital and expand opportunities for investors.

"We have done so in a balanced and responsible manner that is intended to facilitate capital raising while maintaining an appropriate level of investor protection," Wetston said in a statement.

THE CANADIAN PRESS

Bubble trouble: Gum sales have burst

A garbage bin sits full of bubble gum at Yankee Stadium in New York in 2010. U.S. gum sales have tumbled 11 per cent over the past four years. No one in the industry can pinpoint a single factor that's causing the decline — the theories include an unwillingness to shell out $2 US or more for a pack in the bad economy or that advertising veered too far from underlining gum's cavity-fighting benefits. KATHY KMONICEK/THE ASSOCIATED PRESS

Lawsuits loom over GM ignitions

Class-action lawsuits against General Motors are beginning to pile up over the automaker's handling of defective ignition switches in 1.6 million small cars worldwide.

About 235,000 of those cars were sold in Canada, and at least two law firms are seeking to represent people who are looking for compensation, adding to several other suits in the United States.

Over the past week, Merchant Law Group LLP filed claims against the Detroit-based auto maker in Ontario, Quebec and Saskatchewan, saying that GM knowingly misled customers about safety issues by hiding its knowledge of the ignition problems. THE CANADIAN PRESS

Your prayers answered.
The Vatican's ancient manuscripts to be digitized

A Japanese information technology company has agreed to digitize 3,000 Vatican manuscripts in a deal to make some of the Catholic Church's most historic documents available online.

The Vatican Apostolic Library says it hopes Thursday's announced agreement with Tokyo-based NTT DATA Corp. would protect fragile manuscripts for perusal by scholars worldwide.

NTT DATA said it would digitize 3,000 manuscripts totalling 1.5 million pages over the next four years in a contract worth $22.6 million US.

The company's president, Toshio Iwamoto, told a Vatican press conference he hoped NTT ultimately would make 82,000 manuscripts totalling 41 million pages accessible by computer.

The Vatican Library, founded in 1451, is one of the world's most important research libraries. It has 180,000 manuscripts, 1.6 million books and 150,000 prints, drawings and engravings.

THE ASSOCIATED PRESS

The Vatican Apostolic Library in 2010. A Japanese information technology company has agreed to digitize 3,000 Vatican manuscripts in a deal to make some of the Catholic Church's most historic documents available online. THE ASSOCIATED PRESS FILE

A night at the Bucks

Whatdya mean I can't have one more Venti wine?

Starbucks plans to turn more of its cafes into a destination for beer and wine in the evenings.

The coffee company says it is looking to expand alcohol sales to "thousands of select stores" over the next several years, although it didn't provide details on an exact timeline.

The chain first offered beer and wine after 4 p.m. at one of its Seattle cafes in 2010. THE ASSOCIATED PRESS

Market Minute

DOLLAR
88.95¢ (+0.02¢)

TSX
14,361.83 (+27.79)

OIL
$99.43 US (-$0.94)

GOLD
$1,330.50 US (-$10.80)

Natural gas: $4.38 US (-$0.09)
Dow Jones: 16,331.05 (+108.88)

WHAT HOT LOOKS LIKE IN CANADA

THE METRO LIST

Paul Sullivan
metronews.ca

1 The "most hated man in America" dies. It's not everyday that "84-year-old preacher dies of natural causes" trends big on Twitter. But Fred Phelps was not just any 84-year-old preacher from Kansas. He was often called "the most hated man in America" for his over-the-top, anti-gay protests. Fred and his followers explained the massacre of the little kids at Sandy Hook Elementary School in Newtown, Conn., as God's wrath for America's acceptance of homosexuality. He would turn up at military burials carrying signs that said "God Hates Fags" and "Thank God for Dead Soldiers." No one knows where Fred is today, but it's probably as hot as …

2 Katy Perry. Just so we keep all this in perspective. There's hot and there's Katy-Perry hot. Since her new video was released on Feb. 20, it has been viewed 122,263,013 times. What do you expect from someone who has 51 million Twitter followers? She wiggles her nose and it's a global event. The video in question is an amusing parable of ancient Egypt, featuring Katy in various fanciful Egyptian queen outfits hip-hop dancing. And it wouldn't be a Katy Perry video without a controversy: In this one, a suitor is turned to dust while wearing a pendant that appears to display the word Allah in Arabic. After a petition of 100,000 names was collected demanding YouTube remove the video, Katy's team digitally removed the pendant. What pendant?

3 Oh, yeah, Vladimir Putin invades Crimea. Putin, by contrast, has 20,851 followers. He takes over Crimea on Tuesday and his followers increase by 262. That perspective thing.

4 Alison Redford rides off into the Alberta sunset. She's no Katy Perry, but it wasn't so long ago that Alison Redford could be considered the Queen of Alberta, if not the Queen of the Nile. But her fortunes went a---backwards recently as she stubbornly refused to pay back expenses incurred on a trip to Nelson Mandela's funeral. By the time she gave in it was too late. Members of her caucus started resigning and she faced a revolt from as many as two dozen MLAs. Given no choice, she resigned, eclipsing the earlier resignation this week of national Tory Finance Minister Jim Flaherty. That's what "hot" looks like in Canada.

5 Not hot. At all. The first day of spring officially began on Thursday at 12:57. You might have missed it if your sun dial was buried under the snow. Thanks to global warming, spring begins about three weeks earlier than it did in the '70s, according to National Geographic. That's good news in places like Winnipeg, which has just survived the third coldest winter in over a century.

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ZOOM

We've got cuteness on hand

RICHARD AUSTIN/REX FEATURES

Tiny loris saved by zoo staff

Keepers at Paignton Zoo in Devon, southwest England are caring for a rare baby that weighed little more than a CD at birth. The pygmy slow loris (Nycticebus pygmaeus) — which weighed 22 grams when it was born — was one of two born to a first-time mother. Sadly, one twin did not survive and keepers stepped in to save the other when its mother abandoned it. **METRO**

Weighs as much as a dessert spoon

Seven keepers now take turns to feed the baby both day and night. As slow loris are nocturnal, the youngster is more active and needs more feeds overnight. Now, at around a month old, it has gone from 22 grams — less than a single AA battery — to over 30 grams — the weight of a dessert spoon. When fully grown the primate will only weigh around 500 grams or less. **METRO**

Quoted

"You have to take care not to squirt the milk into the lungs — you have to let the baby suckle at its own rate. We are just moving on to feeding some solids now — small amounts of mashed, boiled sweet potato."

Lewis Rowden, zookeeper

Where to find them

- **Habitat.** Jungles of south-eastern Asia.
- **Venom.** One of the only poisonous mammals in the world; loris inject venom through their sharp bite.
- **Status.** Endangered due to habitat loss and hunting for illegal pet trade.

Clickbait

IRENE KUAN
Metro Online

If you're a fashionista, then the one thing you're constantly doing is deciding what to wear. Here are some fashion apps that offer you a virtual style assistant to help organize your closets and plan our outfits.

ISTOCKIMAGES

Walk in My Closet:
Create a catalogue of your closet on this app, which can help you create looks and share them online. You can also get weekly fashion-trend reviews and play with a fashion mood board.

Stylebook:
Use this app to curate your closet and plan out what to wear. There are over 90 features to help you organize your styles and wardrobe and also offers wardrobe stats like cost per wear.

Closet:
Dubbed the "Swiss Army Knife of style assistants," Closet app helps you decide what to wear using a style grid. You can track which items and outfits were last worn, and even plan outfits in advance.

Letters

RE: And The Most Famous Canadian Is..., published March 19

I wish to express my dismay at Paul Sullivan's column discussing the problems with the recent MIT research project about the most famous Canadian. In his column, he made repeated reference to "somebody named Chris Benoit" who he has never heard of. For his reference, Chris Benoit is a former professional wrestler who murdered his wife and son before committing suicide.

I hope that in this case, Mr. Sullivan just couldn't be bothered to do a simple Google search to find out this information. The alternative is that he knew about Benoit and his actions, and still felt it suitable to use his name as a punchline to an otherwise decently-made point about the inaccuracy of the source list.

In either case, I feel that the repeated reference to Chris Benoit in this column was in very poor taste. I very much agree that I would not want to see Benoit listed as a famous Canadian, but not just because there are other Canadians deserving greater recognition.

I welcome Mr. Sullivan to apologize for this oversight.

Chuck Gibbons, Toronto

WE WANT TO HEAR FROM YOU:
Send us your comments: ottawaletters@metronews.ca

metro

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*Instore and Online: 20% off City, LEGO Star Wars, Duplo, Chima and Minifigures valid February 28 – March 31, 2014. Instore and Online: 20% off Ninjago valid March 17 - 31, 2014. IN-STORE ONLY: 20% off select LEGO Kids books valid February 28 - March 31, 2014. Offer excludes LEGO Movie, LEGO Super Heroes, LEGO Friends and Mindstorms. Offers valid while quantities last. No rainchecks. Prices and selection may vary between stores and online. Visit your local store or go online to see LEGO set being featured. INDIGOKIDS, INDIGO, CHAPTERS, INDIGO.CA are trade marks of Indigo Books & Music Inc. LEGO and DUPLO are registered trade marks of LEGO Jurivs A/S. STARS WARS is a registered trade mark of Luscasfilm Entertainment Company Ltd. LLC

Synopsis

The story picks up one second after the last one ended. Kermit, Miss Piggy and the gang are on Hollywood Boulevard after their big comeback, wondering what to do next. A meeting with talent agent Dominic Badguy (Ricky Gervais) seems to provide an answer. Against Kermit's best judgment the Muppets accept Badguy's offer of a European tour to open in "the world capitol of comedy, Berlin, Germany." What they don't know is that Badguy is an associate of Constantine, the planet's most notorious criminal and a dead ringer for Kermit. The evil scheme is to replace Kermit with Constantine, and use the Muppets as a cover for an ingenious plan to steal the Crown Jewels. Steve Gow sits in for Mark Breslin this week.

- Richard: ●●●○○
- Steve: ●●●○○

Kermit is joined by the usual suspects as he faces dastardly doppelgänger Constantine in Muppets Most Wanted. CONTRIBUTED

Muppets in heist gear

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Slapstick caper.

The Muppets roots are showing in cameo-packed sequel

Richard: Steve, the new film from Jim Henson's felt and fur creations is being billed as a sequel to the 2011 Jason Segel Muppets film, but it isn't really. It's more a return to the Muppet movies of old, packed to the gills with show biz in jokes, puns, songs and even a Swedish Chef homage to Ingmar Bergman. It's more akin to The Great Muppet Caper than the most recent movie. Segel's Muppet movie played heartstrings like Eric Clapton strums the blues; Muppets Most Wanted has more of an edge. Well, as much of an edge as a movie starring Kermit and Miss Piggy could have. Did you sense that?

Steve: I don't know if edge is quite the word I'd use to describe it. It's definitely got darker elements but unfortunately, the gimmicky plot of replacing Kermit with an evil doppelganger felt forced and less natural than Segel's earnest version. Of course, even the filmmakers were aware of that and smartly addressed the impossible expectation of sequels in the opening number. That kind of self-consciousness worked better in the last movie but I certainly thought the songs in Muppets Most Wanted surpassed the 2011 film. We even get to hear Ricky Gervais sing!

RC: I'm not sure I agree. The human characters — notably Gervais, Tina Fey as Nadya, a lusty Russian prison guard, and Ty Burrell as an outrageous Interpol agent — are just as broad as the puppets, which provides some laughs, but the emotional impact is blunted. To place it in an old Hollywood context, it's more the slapstick of Abbott and Costello than the restrained, sweet comedy of Charlie Chaplin. I liked Segel's take on the sweetness of the Muppets, but having said that, this movie made me laugh.

SG: It's true. It is fairly funny all the way through. It's probably slightly unfair to measure this film against its predecessors anyhow — even if it does lack some of the pure warmth of Segel's. And it was fun to see all the talent showing up in clever cameo appearances — especially Ray Liotta and Danny Trejo as prisoners-turned-aspiring showmen. However, even the sheer bulk of celebrities feels slightly distracting. They should just let the Muppets do the work.

RC: I agree. The Muppets bring a good deal of goodwill with them and the movie shines brighter as a result. It's hard not to giggle at the gags but an exchange between Fozzie and Walter hits a bit too close to an uncomfortable plot truth. "Looks like he's planning some kind of heist bit," Fozzie says of Constantine. "I hope not," replies Walter, "they never work." That's a gag, this one works, but because of the Muppets, not because of the human stars.

SG: In the end, the fans that are going to pay to see Muppets Most Wanted will already have a good idea what they're in for. Besides, as that aforementioned opening musical number states, "everyone knows the sequel's not quite as good."

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The 2011 reboot of The Muppets gave new life to the singing and dancing animal troupe that enjoyed a first wave of fame in the 1970s and '80s. The success of The Muppets lead to the upcoming sequel, Muppets Most Wanted, in which the gang gets sucked into a jewel-heist caper by a dastardly Kermit the Frog lookalike. Framed for crimes they didn't commit, the Muppets' rap sheets are out, so the public can help track them down

JOY SMALLS
Metro World News

Muppets Most Wanted!

Kermit the Frog

Alias: The Green One, Kermie, La Rana René in Mexico, Caco o Sapo in Brazil

Distinguishing characteristics: Known to play the banjo and sing, this frog from humble swamp beginnings dates a pig and has a history of leading hordes of animals in the pursuit of becoming rich and famous.

Miss Piggy

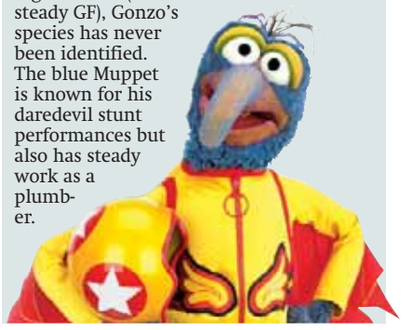
Alias: Piggy

Distinguishing characteristics: In an on-again, off-again relationship with Mr. The Frog, Miss Piggy is known for her dramatic entrances, her "Hi-YAH" karate chops and a temper that is only outmatched by her feminine wiles.

Gonzo

Alias: The Great Gonzo, Gonzo the Great

Distinguishing characteristics: With a crooked nose and predilection for dating chickens (Camilla is his steady GF), Gonzo's species has never been identified. The blue Muppet is known for his daredevil stunt performances but also has steady work as a plumber.



Walter

Alias: No known alias

Distinguishing characteristics: A lifelong fanboy of the Muppets, Walter worked his way into the inner circle of Muppetdom when in 2011 he saved the group from having its studio and name bought by the evil Tex Richman (Chris Cooper) in The Muppets.

Animal

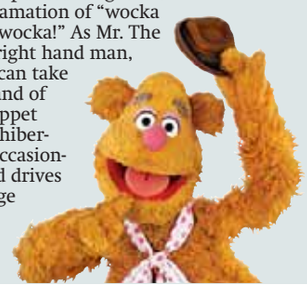
Alias: AH-NI-MAL!!!!!!

Distinguishing characteristics: Speaking only in verbs and nouns, this drummer for Dr. Teeth and the Electric Mayhem has a monosyllabic power that is channeled into his fierce drum solo freakouts. Under the tutelage of Jack Black in 2011, Animal was treated for anger management issues, but eschewed the therapy in favor of reuniting with the Muppets as a drummer again.

Fozzie

Alias: Fozziwig

Distinguishing characteristics: This bear comedian is unable to tell a bad pun joke without punctuating it with an exclamation of "wocka wocka wocka!" As Mr. The Frog's right hand man, Fozzie can take command of the Muppet horde, hibernates occasionally and drives a vintage Studebaker.



Scooter

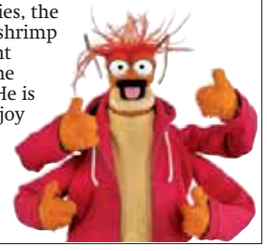
Alias: No known alias

Distinguishing characteristics: As a top logistics man for the Muppet operation, the green sport jacket-clad stage manager is the coordinator extraordinaire for most any Muppet caper. Before their reunion in 2011 (The Muppets) Scooter enjoyed a full-time gig at Google.

Pepe the King Prawn

Alias: Pepino Rodrigo Serrano Gonzales, The Crustacean Casanova

Distinguishing characteristics: This six-limbed Spaniard joined the Muppets in 1999 with Muppets from Space. Known as an artist and "crustacean Casanova" to females of most species, the tiny-headed shrimp lets his accent do most of the romancing. He is known to enjoy donning a pink tutu, particularly for the film Prawn Lake.



SXSW roles that got us going

Film fest farewell roundup. Three guys and a funny gal who turned our heads

NED EHRBAR
Metro World News in Hollywood

As we bid this year's SXSW film festival adieu, here's a look at some of the individual performances that really got our attention, hopefully making their way to a theater near you before too long.

John Gallagher Jr. — The Heart Machine
John Gallagher Jr. follows up last year's fest-winning Short Term 12 with The Heart Machine, by first-time writer-director Zachary Wigon, about a man (Gallagher) who starts to suspect his long-distance girlfriend isn't as far away as she's led him to believe.

On examining paranoia and suspicion in romantic relationships:
"Someone once told me if you're playing poker, one of the worst things you can do is go full tilt, which is when you start spiraling out of control. You start second-guessing everything, and it's really an altered state," Gallagher says. "That is certainly something that I've felt in past relationships when I've become suspicious or jealous or convinced that I'm not being told the full story. Logic just goes absolutely out the window immediately. I loved the idea of my character in the film spending the whole movie in that place, because it's a terrible place to operate from, and it's an awful feeling."

On using Skype on the set:
"I remember the script and being really scared that you'd have to shoot them separately or something or that you actually wouldn't be able to do it in real time together, but Zach made it very apparent immediately that the intention was fully each time we would always be acting with each other on the screen," he says.

Josh Lucas — The Mend
The Sweet Home Alabama and American Psycho star has always been a tricky one to peg down, and here he goes off the rails completely as Mat, a dilapidated wastrel who commandeers his younger brother's apartment and generally makes a mess in director John Magary's feature debut.

John Gallagher Jr. in The Heart Machine. CONTRIBUTED

On the unique psychology of Mat:

"This is a guy I feel who's justifying giving up. It's a guy who has lost, and he's basically saying, 'I lost because I don't give a f—.'" Lucas says. "And the reality is they went hand in hand. He started to lose because he didn't give a f—. It's a kind of personality that to be honest with you, more and more in my life, I'm trying to stay away from thinking those thoughts, because they lead to where he goes which is basically homelessness, really. My sense is he's kind of rotting from within. Look, I know there are times in my life where I've drank too much, smoked too much, and this is a guy who's always in this space where his insides just don't feel good. I think in a sense he's constantly hungover, and that feeling is there even when he's not."

On doing it old-school:
"This is something I'm really frustrated by these days with filmmaking: Hand-held is really f—ing lazy. It really is. And it's really often quite hard to watch. We're getting used to this lazy quality of filmmaking that way. And this was precise, preparation, 'This shot with this camera movie,' and I feel it throughout the whole movie. It makes a big difference."

Rosa Salazar — May the Best Man Win
In the fairly low-brow and male-dominated world of prank comedy that dominates the envelope-pushing May the Best Man Win, Rosa Salazar doesn't only hold her own against her male co-stars, she easily outshines them. It's easy to see why her male counterparts (Whitmer Thomas and Drew Tarver) would engage in an escalating series of dangerous dares to win her affections.

On the freedom of improvisation while pulling pranks:
"There was so much freedom, especially when you're with one of the victims," Salazar says. "When you're with a mark you can say whatever you want because you have to to get them to go that way to get the best stuff from them. I was pretty OK with everything. I was hoping we would cross a few lines."

On what she's learned about herself during this process:
"I'm starting to feel like I'm not a human with human emotions," she says. "I mean, I have no shame. I auditioned, and I remember on the way there being like, 'This is going to be so f—ing fun.' The audition was the audition prank, and I was like, 'I get to hit people?'"

Harry Lloyd — Big Significant Things
British actor Harry Lloyd has played some pretty dastardly characters on Game of Thrones and Doctor Who, but those paled in comparison to the challenge of passing himself off as American in Big Significant Things, in which he plays a young man running away from his life for quick trip to the South all by himself.

On stressing over getting the accent right.
"The main thing I was worried about was the accent. The film will just die if the main guy you're spending time with, if there's any hint of anything [British] it's just going to be a nightmare," Lloyd says. "And accents, I always just get very annoyed about. So I did something I've never done before, which was I kept up the accent for a couple of months — which actually was a nightmare, and I'm not sure it was very helpful in the end."

On tapping into suspended adolescence:
"It's a very male thing. 'I'm going to do good things, I'm going to do something that a woman would be proud of, but first of all I need to do something just silly and stupid for myself because I'm still a little boy secretly.' And I understand that," he says. "I think it's a weird time to be a guy. I mean, I don't have any point of comparison since I've only been a guy the time I've been a guy, but yeah. The fact that we had these childhoods where we were told we could do anything, and we didn't fight a war, our parents didn't fight a war, so we were promised it all. And then at what point do you think, actually no, I need to pick something and get on with it and the world isn't different for me and just kind of join the human race?"

Action/Sci-fi

Divergent

Director. Neil Burger

Stars. Kate Winslet, Theo James

This is an action-adventure film in a world where people are divided into factions based on human virtues. Tris Prior (Shailene Woodley) is warned she is Divergent and will never fit into any one group. When she discovers a conspiracy by a faction leader (Kate Winslet) to destroy all Divergents, Tris must learn to trust in the mysterious Four (Theo James) and together they must find out what makes being Divergent so dangerous before it's too late.

Rotten Tomatoes™ score
Critics: **Audience:**
No reviews yet

"SPECTACULAR IN EVERY SENSE OF THE WORD."
Bill Zwecker, CHICAGO SUN-TIMES
"FIERCE AND FANTASTIC. AN ACTION-PACKED THRILLER YOU DON'T WANT TO END."
Kevin Sheinkopf, FOX-TV
"EXCITING AND THOUGHT-PROVOKING."
Mosé Persico, CTV MONTREAL
"THRILLING EDGE-OF-YOUR-SEAT EXCITEMENT."
Greg Russell, MOVIE SHOW PLUS
"A MUST-SEE! CAPTIVATING FROM THE FIRST FRAME."
Kelli Gillespie, CW SAN DIEGO
BASED ON THE WORLDWIDE BESTSELLER
DIVERGENT
PG VIOLENCE
FACEBOOK.COM/EONEFILMS DIVERGENTTHEMOVIE.CA #DIVERGENT YOUTUBE.COM/EONEFILMS
STARTS TODAY IN THEATRES AND IMAX
Check Theatre Directory for Locations & Showtimes.

THESE PAGES COVER MOVIE START TIMES FROM FRI., MAR. 21 TO THURS., MAR. 27. TIMES ARE SUBJECT TO CHANGE.

Bytowne Cinema
325 Rideau St.

12 Years a Slave (14A) Tue 4:15 Wed 6:40 Thu 9:20
7 Boxes (14A) Fri 6:59 Sat 2:01-9:15 Sun 9:10 Mon 4:59 Tue 6:59 Wed 4:30
August: Osage County (14A) Thu 6:40
The Broken Circle Breakdown (18A) Wed 9:25 Thu 4:15
Labor Day (PG) Fri 4:30 Sat 6:45 Sun 12:15
The Oscar Nominated Short Films 2014: Live Action (14A) Fri 9:15 Sat 4:15 Sun 6:45 Tue 9:10
Royal Opera House: La Traviata (STC) Sun 2:59 Mon 7:30

Canadian Film Institute
2 Daly Ave., Suite 120

No Films Showing Today (STC) Fri-Wed
Serra Pelada (STC) Thu 7

Canadian Museum of nature
240 McLeod St.

Flying Monsters 3D (G) Fri-Thu 12-2:30-3:40
Flying Swords of Dragon Gate 3D (14A) Fri-Thu 12:35-3:05
Penguins 3D (STC) Fri-Thu 10:30-1:10 Fri-Thu 11:15-1:50

Coliseum Ottawa
3090 Carling Ave.

300: Rise of an Empire 3D (18A) Fri-Sun 12:30-3-5:35-8:10-10:40 Mon-Thu 5-7:45-10:15
Cheap Thrills (18A) Thu 7:30
Divergent (PG) Fri-Sun 12:10-12:40-3:20-3:50-6:30-7-9:45-10:15 Mon-Wed 6-6:30-9:15-9:45 Thu 1:30-6-6:30-9:15-9:45 Fri-Sun 1:10-4:20-7:30-10:45 Mon-Thu 4-7:05-10:20 Star & Strollers Screening, Thu 1
Frozen (G) Fri-Sun 1:30-4:10 Mon-Wed 4:35 Thu 1:20-4:35
The LEGO Movie (G) Fri-Sun 1:20 Thu 1:25
The LEGO Movie 3D (G) Fri-Sun 4-6:50-9:40 Mon-Thu 4:05-6:50-9:30
The Monuments Men (PG) Fri 12:50-3:45-7:05-9:50 Sat 4:10-7:05-9:50 Sun 4:35-7:20-10:05 Mon 4:15-10:20 Tue-Wed 4:15-7:10-9:55 Thu 1:10-4:15-9:55
Mr. Peabody & Sherman (G) Fri-Sun 3:30 Mon-Wed 4:20 Thu 1:10-4:20
Mr. Peabody & Sherman 3D (G) Fri-Sun 12:45-6:45-9:20 Mon-Thu 6:45-9:20
Muppets Most Wanted (G) Fri-Sun 12-2:40-5:15-8-10:35 Mon-Wed 4:10-7-9:40 Thu 1:30-4:10-7-9:40 Star & Strollers Screening Thu 1
National Theatre Live: War Horse - Encore (STC) Sat 12:30 Sun 12:55
Need for Speed (PG) Fri-Sun 1:45-4:45-7:45-10:50 Mon-Wed 4:30-7:30-10:30 Thu 1:15-4:30-7:30-10:30
Need for Speed 3D (PG) Fri-Sun 1:15-4:15-7:15-10:20 Mon-Wed 4-7:10 Thu 1:05-4-7:10
Non-Stop (PG) Fri-Sun 1:50-4:40-7:25-10:30 Mon-Thu 4:40-7:25-10:25
Pompeii (PG) Fri-Thu 7:20-10
The Professional (14A) Mon 7:30

Mayfair Theatre
1074 Bank St.

Inside Llewyn Davis (14A) Fri 6:45 Sat 3:15 Mon-Tue 4:15 Wed-Thu 6:30
Philomena (PG) Fri 4 Sat 1-6:30 Sun 1 Mon-Tue 6:30 Wed-Thu 4:15
The Room (STC) Fri-Sat 9:15-11:30 Sun 7-9:15
The Secret Life of Walter Mitty (PG) Mon 8:45 Wed-Thu 8:45
Shivers (18A) Tue 8:45

Rainbow Cinemas St. Laurent Centre
1200 St. Laurent Blvd.

3 Days to Kill (PG) Fri-Thu 6:50-9:20
American Hustle (14A) Fri-Thu 1-9
August: Osage County (14A) Fri-Thu 10:20-3:50-6:30
Dallas Buyers Club (18A) Fri-Thu 12:40-9:10
The Hobbit: The Desolation of Smaug (PG) Fri-Thu 9:55
The Monuments Men (PG) Fri-Thu 10:10-3:40-6:45
The Nut Job (PG) Fri-Thu 12:50-2:50-4:50
Philomena (PG) Fri-Thu 10:40-5
RoboCop (PG) Fri-Sat 4-9:15 Sun-Mon 9:15 Tue 4-9:15 Wed 9:15 Thu 4-9:15
Open Captioned Sun-Mon 4 Open Captioned Wed 4
Saving Mr. Banks (PG) Fri-Thu 10:30-1:10-6:40
The Wolf of Wall Street (18A) Fri-Thu 1:20-7:20

South Keys
2214 Bank St.

300: Rise of an Empire 3D (18A) Fri 11:45-2:20-4:55-7:30-10:05 Sat 12:10-2:35-5:05-7:30-10:05 Sun-Thu 11:45-2:20-4:55-7:30-10:05
Divergent (PG) Fri-Tue 12:20-3:40-7-10:10 Wed-Thu 10:50-11:50-12:20-1:55-3:10-3:40-5-6:30-7-8:15-9:40-10:10
Fri-Tue 10:50-11:50-1:55-3:10-5-6:30-8:15-9:40
Elton John: The Million Dollar Piano (G) Wed 7:30
Frozen (G) Fri-Thu 10:35-1-3:25-5:50
The LEGO Movie (G) Fri-Thu 10:30-11:30-2
The LEGO Movie 3D (G) Fri-Thu 4:35-7:05-9:25
The Little Rascals (STC) Sat 11
The Monuments Men (PG) Fri 10:40-1:20-4:05-6:50-9:55 Sat 4:05-6:50-9:55 Sun-Tue 10:40-1:20-4:05-6:50-9:55 Wed 10:40-1:20-4:05-9:55 Thu 10:40-1:20-4:05
Mr. Peabody & Sherman (G) Fri-Thu 2:15-4:40
Mr. Peabody & Sherman 3D (G) Fri-Thu 11:55-7:10-9:30
Muppets Most Wanted (G) Fri-Thu 11:10-1:50-4:30-7:15-9:50
National Theatre Live: War Horse - Encore (STC) Sat 12:30 Sun 12:55
Need for Speed (PG) Fri-Thu 12:55-3:50-6:45-9:45
Need for Speed 3D (PG) Fri-Thu 10:45-1:35-4:25-7:20-10:15
Noah (STC) Thu 7-9:55
Non-Stop (PG) Fri 11-1:45-4:20-7:25-10 Sat 1:45-4:20-7:25-10 Sun 4:20-7:25-10 Mon-Thu 11-1:45-4:20-7:25-10
The Wolf of Wall Street (18A) Fri-Thu 8:10

Canadian Museum of Civilization
100 rue Laurier

Destination Pacific Sud 3D (STC) Fri 1-7 Sat-Tue 1 Wed 10-1 Thu 1
Flight of the Butterflies 3D (STC) Fri 10
Grand Nord (STC) Fri 4 Sat 6 Sun 4
Great North (STC) Fri-Sun 3 Tue 12-3 Wed-Thu 3
Journey to the South Pacific: An IMAX 3D Experience (STC) Fri 11-2-5 Sat 11-2-5-7 Sun 11-2-5 Mon 11-2 Tue 11-2-5-7 Wed 11-2-5 Thu 11-2-5-7
Kenya 3D: Animal Kingdom (STC) Fri 6 Sat 12-8 Sun 12-6 Mon-Tue 4 Wed 12-6 Thu 8 Fri 8 Sat 4 Tue 6 Wed 4-7 Thu 4
Momies: Secret des Pharaons (STC) Fri 10-12

Cinéma Aylmer
400 boul. Wilfrid-Lavigne

300: Rise of an Empire (13+) Fri-Sun 1-3:20-7-9:20 Mon 7 Tue 1-3:20-7-9:20 Wed-Thu 7-9:20
Divergent (G) Fri-Sun 12:40-3:30-6:40-9:30 Mon 6:40 Tue 12:40-3:30-6:40-9:30 Wed-Thu 6:40-9:30
Mr. Peabody & Sherman (G) Fri 7:10-9:10 Sat-Sun 1:10-3:10-7:10-9:10 Mon 7:10 Tue 1:10-3:10-7:10-9:10 Wed-Thu 7:10-9:10
Need for Speed 3D (G) Fri-Sun 12:50-3:30-6:50-9:30 Mon 6:50 Tue 12:50-3:30-6:50-9:30 Wed-Thu 6:50-9:30

Gatineau 9
120 boul. de l'Hôpital

300: la naissance d'un empire 3D (13+) Fri 1:15-3:30-7:05-9:25 Sat-Sun 3:30-7:05-9:25 Mon 7:05-9:25 Tue 1:15-3:30-7:05-9:25 Wed-Thu 7:05-9:25
Angélique (G) Fri-Sun 1:15-4-6:50-9:30 Mon 6:50-9:30 Tue 1:15-4-6:50-9:30 Wed-Thu 6:50-9:30
Belle et Sébastien (G) Fri-Sun 2:30 Tue 2:30
Divergence (G) Fri 11-12:30-3:35-6:45-9:40 Sat-Sun 12:30-3:35-6:45-9:40 Mon 6:45-9:40 Tue 11-12:30-3:35-6:45-9:40 Wed-Thu 6:45-9:40
Ennemi (13+) Fri-Sun 12:15-4:30-7:10-9:20 Mon 7:10-9:20 Tue 12:15-4:30-7:10-9:20 Wed-Thu 7:10-9:20
Le film LEGO (G) Sat-Sun 1:15
Les garçons et Guillaume, à table! (G) Fri-Sun 1:05-3:10-7-9 Mon 7-9 Tue 1:05-3:10-7-9 Wed-Thu 7-9
M. Peabody et Sherman: Les voyages dans le temps (G) Fri-Sun 3:15 Tue 3:15
M. Peabody et Sherman: Les voyages dans le temps 3D (G) Fri-Sun 1-6:30-8:45 Mon 6:30-8:45 Tue 1-6:30-8:45 Wed 6:30-8:45
Maïna (STC) Fri-Sun 12:50-3:20-7:15-9:35 Mon 7:15 Tue 12:50-3:20-7:15-9:35 Wed 7:15 Thu 7:15-9:35
Need for Speed 3D (G) Fri-Sun 12:40-3:25-6:50-9:45 Mon 6:50-9:45 Tue 12:40-3:25-6:50-9:45 Wed-Thu 6:50-9:45
Noé (STC) Thu 6:45-9:30
Sans-Arrêt (13+) Fri-Sun 1:20-3:50-7:20-9:50 Mon 7:20-9:50 Tue 1:20-3:50-7:20-9:50 Wed-Thu 7:20-9:50

StarCité Hull
115 boul. du Plateau

300: la naissance d'un empire (13+) Fri-Sun 1:05-3:25-5:40-7:55-10:15 Mon 7:35-9:55 Tue 1:05-3:25-5:40-7:55-10:15 Wed-Thu 7:35-9:55
300: Rise of an Empire 3D (13+) Fri 1:10-3:25-5:40-8-10:30 Sat 11-1:10-3:25-5:40-8-10:30 Sun 1:10-3:25-5:40-8-10:30 Mon 7:30-10 Tue 1:10-3:25-5:40-8-10:30 Wed-Thu 7:30-10
Belle et Sébastien (G) Fri 1:15-3:30-5:45-8 Sat 10:50-1:15-3:30-5:45-8 Sun 1:15-3:30-5:45-8 Mon 7:20 Tue 1:15-3:30-5:45-8 Wed 7:20
Divergence (G) Fri-Sun 1-2:10-3:35-4:05-6:40-7:10-9:45-10:15 Mon 7-8-9:55 Tue 1-2:10-3:35-4:05-6:40-7:10-9:45-10:15 Wed-Thu 7-8-9:55 Thu 1
Divergent (G) Fri 12:55-2-3:50-5:10-6:55-8:15-10 Sat 11:05-12:55-2-3:50-5:10-6:55-8:15-10 Sun 12:55-2-3:50-5:10-6:55-8:15-10 Mon 6:50-8:15-9:50 Tue 12:55-2-3:50-5:10-6:55-8:15-10 Wed-Thu 6:50-8:15-9:50 Fri-Sun 1:15-4:20-7:25-10:30 Mon 7:05-10 Tue 1:15-4:20-7:25-10:30 Wed-Thu 7:05-10 Star & Strollers Screening, Thu 1:30
Le film LEGO (G) Fri 1:05-3:20-5:35-7:50-10:10 Sat 10:55-1:05-3:20-5:35-7:50-10:10 Sun 1:05-3:20-5:35-7:50-10:10 Mon 7:25-9:45 Tue 1:05-3:20-5:35-7:50-10:10 Wed 7:25-9:45 Thu 7:25
The LEGO Movie (G) Fri 1:15-3:30-5:40-7:55 Sat 11:05-1:15-3:30-5:40-7:55 Sun 1:15-3:30-5:40-7:55 Mon 7:25 Tue 1:15-3:30-5:40-7:55 Wed-Thu 7:25
The Little Rascals (STC) Sat 11
M. Peabody et Sherman: Les voyages dans le temps (G) Fri 1 Sat 10:50-1 Sun 1 Tue 1
M. Peabody et Sherman: Les voyages dans le temps 3D (G) Fri-Sun 3:30-5:55-8:15-10:30 Mon 7:15-9:30 Tue 3:30-5:55-8:15-10:30 Wed-Thu 7:15-9:30
Mr. Peabody & Sherman (G) Fri 1:05-3:20-5:40-8-10:15 Sat 11-1:05-3:20-5:40-8-10:15 Sun 1:05-3:20-5:40-8-10:15 Mon 7:35-9:50 Tue 1:05-3:20-5:40-8-10:15 Wed-Thu 7:35-9:50
Muppets Most Wanted (G) Fri 1-5:15-7:55-10:30 Sat 11:30-1-5:15-7:55-10:30 Sun 1-5:15-7:55-10:30 Mon 7:20-9:55 Tue 1-5:15-7:55-10:30 Wed-Thu 7:20-9:55
Need for Speed 3D (G) Fri 2-4:50-7:35-10:30 Sat 11:15-2-4:50-7:35-10:30 Sun 2-4:50-7:35-10:30 Mon 7:10-10 Tue 2-4:50-7:35-10:30 Wed-Thu 7:10-10 Fri 1:45-4:35-7:20-10:15 Sat 11-1:45-4:35-7:20-10:15 Sun 1:45-4:35-7:20-10:15 Mon 7-9:55 Tue 1:45-4:35-7:20-10:15 Wed-Thu 7-9:55
Noah (STC) Thu 7-9:55
Non-Stop (13+) Fri-Sun 12:50-3:20-5:50-8:10-10:30 Mon 7:40-10 Tue 12:50-3:20-5:50-8:10-10:30 Wed-Thu 7:40-10
Les Petits garnements (STC) Sat 11
Pompeii (G) Fri-Sun 10:25 Mon 9:45 Tue 10:25 Wed-Thu 9:45
Sans-Arrêt (13+) Fri-Sun 10:05 Mon 9:40 Tue 10:05 Wed-Thu 9:40

Barrhaven Cinemas
131 Riocan Dr.

300: Rise of an Empire 3D (18A) Fri 7:20 Sat-Sun 1:40-7:20 Mon-Thu 5
Divergent (PG) Fri 6:20-7-9:35-10:15 Sat-Sun 12-12:40-3:10-3:50-6:20-7-9:35-10:15 Mon-Thu 4:35-6-7:40 Star & Strollers Screening, Thu 1
The LEGO Movie (G) Sat-Sun 1:50
The LEGO Movie 3D (G) Fri 6:50-9:15 Sat-Sun 4:25-6:50-9:15 Mon-Thu 4:45-7:15
The Little Rascals (STC) Sat 11
Mr. Peabody & Sherman (G) Sat-Sun 1:30
Mr. Peabody & Sherman 3D (G) Fri 6:40-9:10 Sat-Sun 4-6:40-9:10 Mon-Thu 4:40-7
Muppets Most Wanted (G) Fri 7:25-10:05 Sat 11:30-2:10-4:45-7:25-10:05 Sun 1-3:45-7:25-10:05 Mon-Thu 4:50-7:45
Need for Speed (PG) Star & Strollers Screening, Thu 1
Need for Speed 3D (PG) Fri 7:15-10:10 Sat-Sun 1:15-4:15-7:15-10:10 Mon-Thu 4:30-7:30
Non-Stop (PG) Fri 9:50 Sat-Sun 4:30-9:50 Mon-Thu 7:35

SilverCity
2385 City Park Dr.

12 Years a Slave (14A) Fri-Sun 1:05-4:05-7:05-10:05 Mon 1:05-4:05-10:05 Tue 1:05-4:05-7:05-10:05 Wed 12:35-3:35-10:05 Thu 1:05-4:05-10:05
300: Rise of an Empire 3D (18A) Fri 1:15-3:40-6-8:25-10:40 Sat 11-1:20-3:40-6-8:25-10:40 Sun-Thu 1:15-3:40-6-8:25-10:40
Cheap Thrills (18A) Thu 7:30
Divergent (PG) Fri-Thu 12:40-3:50-7-10:15 Fri-Sat 12:10-2:50-3:20-6-6:30-9:15-9:45 Sun 12:10-2:50-6-6:30-9:15-9:45 Mon 2:50-3:20-6-6:30-9:15-9:45 Tue 12:10-2:50-3:20-6-6:30-9:15-9:45 Wed 2:50-3:20-6-6:35-9:15-10 Thu 2:50-3:20-6-6:30-9:15-9:45
Divergent: The IMAX Experience (PG) Fri-Thu 1:10-4:20-7:30-10:45
Elton John: The Million Dollar Piano (G) Wed 7:30
Enemy (18A) Fri 1:30-3:45-6:05-8:20-10:55 Sat 1-4:15-8:20-10:55 Sun-Thu 1:30-3:45-6:05-8:20-10:55
The LEGO Movie (G) Fri-Thu 12:45
The LEGO Movie 3D (G) Fri-Wed 3:10-5:40-8:10-10:35 Thu 3:10-5:40-8:10
The Little Rascals (STC) Sat 11
Mr. Peabody & Sherman (G) Fri 2:55 Sat 11:20-2:55 Sun-Thu 2:55
Mr. Peabody & Sherman 3D (G) Fri-Thu 12:30-5:15-7:40-10
Muppets Most Wanted (G) Fri-Sun 12:05-2:05-2:45-4:40-5:20-7:20-8-9:55-10:35 Mon 2:05-2:45-4:40-5:20-7:20-8-9:55-10:35 Tue 12:05-2:05-2:45-4:40-5:20-7:20-8-9:55-10:35 Wed 2:05-4:10-4:40-7:20-8-9:55-10:35 Thu 2:05-2:45-4:40-5:20-7:20-8-9:55-10:35
Star & Strollers Screening Wed 1
National Theatre Live: War Horse - Encore (STC) Sat 12:30 Sun 12:55
Need for Speed 3D (PG) Fri-Thu 1:25-1:55-4:25-4:55-7:25-7:55-10:20-10:50
Noah (STC) Thu 7-10:05
Non-Stop (PG) Fri-Wed 12:25-3-5:35-8:05-10:40 Thu 12:25-3-10:35
Pompeii 3D (PG) Fri 2-4:35-9:50 Sat 9:50 Sun 2-9:50 Mon-Tue 2-4:35-9:50 Wed 3:55-9:50 Thu 2-4:35-9:50
The Professional (14A) Mon 7:30
Tyler Perry's The Single Moms Club (PG) Fri-Sat 12-2:40-5:25-8:15-10:50 Sun 3:30-7:45-10:30 Mon 2:40-5:25-8:15-10:50 Tue 12-2:40-5:25-8:15-10:50 Wed-Thu 2:40-5:25-8:15-10:50
Veronica Mars (PG) Fri 7:10 Sat 4-7:10 Sun 4:30-7:10 Mon-Thu 7:10 Star & Strollers Screening Wed 1

Landmark Theatres Orleans 6 Cinemas
3752 Innes Rd.

300: Rise of an Empire (18A) Digital, Dolby Stereo Digital Fri-Sun 3:25 Digital, Dolby Stereo Digital Mon 3:50 Digital, Dolby Stereo Digital Tue 3:25 Digital, Dolby Stereo Digital Wed 3:50
300: Rise of an Empire 3D (18A) Dolby Stereo Digital Fri 7-9:45 Dolby Stereo Digital Sat-Sun 1:20-7-9:45 Dolby Stereo Digital Mon 7-9:45 Dolby Stereo Digital Tue 1:20-7-9:45 Dolby Stereo Digital Wed 7-9:45 Dolby Stereo Digital Thu 4-7-9:45
Divergent (PG) Digital, Dolby Stereo Digital Fri 3:15-6:30-9:45 Digital, Dolby Stereo Digital Sat-Sun 12-3:15-6:30-9:45 Digital, Dolby Stereo Digital Mon 6:15-9:30 Digital, Dolby Stereo Digital Tue 12-3:15-6:30-9:45 Digital, Dolby Stereo Digital Wed 6:15-9:30 Digital, Dolby Stereo Digital Thu 3:45-4:30-6:30-7-8-9:45-10:15 Digital, Dolby Stereo Digital Fri 3:45-4:15-7-8-10:15 Digital, Dolby Stereo Digital Sat-Sun 12:30-1-3:45-4:15-7-8-10:15 Digital, Dolby Stereo Digital Mon 3:45-4:30-7-8-10:15 Digital, Dolby Stereo Digital Tue 12:30-3:45-4:15-7-8-10:15 Digital, Dolby Stereo Digital Wed 3:45-4:30-7-8-10:15 Digital, Dolby Stereo Digital Tue 1
Frozen (G) Digital, Dolby Stereo Digital Sat-Sun 12:10 Digital, Dolby Stereo Digital Tue 12:10
The LEGO Movie (G) Digital, Dolby Stereo Digital Fri 6:05-9:15 Digital, Dolby Stereo Digital Sat-Sun 12:40-6:05-9:15 Digital, Dolby Stereo Digital Mon 6:30-9:45 Digital, Dolby Stereo Digital Tue 12:40-6:05-9:15 Digital, Dolby Stereo Digital Wed 6:30-9:45 Digital, Dolby Stereo Digital Thu 3:50
The LEGO Movie 3D (G) Dolby Stereo Digital Fri-Sun 3:15 Dolby Stereo Digital Mon 4 Dolby Stereo Digital Tue 3:15 Dolby Stereo Digital Wed 4
Mr. Peabody & Sherman (G) Digital, Dolby Stereo Digital Fri-Sun 4 Digital, Dolby Stereo Digital Mon 4:15 Digital, Dolby Stereo Digital Tue 4 Digital, Dolby Stereo Digital Wed 4:15
Mr. Peabody & Sherman 3D (G) Dolby Stereo Digital Fri 6:30-9 Dolby Stereo Digital Sat-Sun 1:10-6:30-9 Dolby Stereo Digital Mon 6:30-9 Dolby Stereo Digital Tue 1:10-6:30-9 Dolby Stereo Digital Wed 6:30-9 Dolby Stereo Digital Thu 4:15-6:30-9
Muppets Most Wanted (G) Digital, Dolby Stereo Digital, Fri 3:30-6:45-9:30 Digital, Dolby Stereo Digital, Sat-Sun 12:30-3:30-6:45-9:30 Digital, Dolby Stereo Digital, Mon 4:10-6:45-9:30 Digital, Dolby Stereo Digital, Tue 12:30-3:30-6:45-9:30 Digital, Dolby Stereo Digital, Wed-Thu 4:10-6:45-9:30
Need for Speed (PG) Digital, Dolby Stereo Digital Fri-Sun 3-6:15-9:30 Digital, Dolby Stereo Digital Mon 3:30-6:30-9:30 Digital, Dolby Stereo Digital Tue 3-6:15-9:30 Digital, Dolby Stereo Digital Wed-Thu 3:30-6:30-9:30
Need for Speed 3D (PG) Dolby Stereo Digital Fri 4-6:45-10 Dolby Stereo Digital Sat-Sun 12:20-4-6:45-10 Dolby Stereo Digital Mon 4-7-10 Dolby Stereo Digital Tue 12:20-4-6:45-10 Dolby Stereo Digital Wed-Thu 4-7-10
Noah (STC) Digital, Dolby Stereo Digital, Thu 7:30
Non-Stop (PG) Digital, Dolby Stereo Digital Fri 3:30-6:45-9:35 Digital, Dolby Stereo Digital Sat-Sun 12:35-3:30-6:45-9:35 Digital, Dolby Stereo Digital Mon 4:10-6:45-9:35 Digital, Dolby Stereo Digital Tue 12:35-3:30-6:45-9:35 Digital, Dolby Stereo Digital Wed-Thu 4:10-6:45-9:35

Landmark Cinemas 24 Kanata & IMAX
801 Kanata Ave.

12 Years a Slave (14A) Fri-Sun 12:50-4:10-7:20-10:20 Mon-Thu 4:10-7:20-10:20
3 Days to Kill (PG) Fri-Thu 10
300: Rise of an Empire (18A) Fri-Sun 10:50-1:20-3:50-6:30-9:10 Mon 3:50-6:30-9:10 Tue 1:20-3:50-6:30-9:10 Wed-Thu 3:50-6:30-9:10
300: Rise of an Empire 3D (18A) Fri-Sun 11:20-1:55-4:25-7-9:40 Mon 4:25-7-9:40 Tue 1:55-4:25-7-9:40 Wed-Thu 4:25-7-9:40
American Hustle (14A) Fri-Sun 12:40-4-7:10-10:15 Mon-Thu 4-7:10-10:15
Divergent (PG) Fri-Sun 10:35-11:05-1:15-1:50-2:25-4:35-5:10-5:45-8-9:05-9:35 Mon 4:35-5:10-5:45-8-9:05-9:35 Tue 1-1:50-2:25-4:35-5:10-5:45-8-9:05-9:35 Wed-Thu 4:35-5:10-5:45-8-9:05-9:35 Tue 1
Divergent: The IMAX Experience (PG) Fri-Sun 12:15-3:35-6:55-10:15 Mon-Wed 3:35-6:55-10:15 Thu 3:35
Elton John: The Million Dollar Piano (G) Wed 7:30
Enemy (18A) Fri-Sun 12:30-2:50-5:05-7:30-9:50 Mon 5:05-7:30-9:50 Tue 2:50-5:05-7:30-9:50 Wed-Thu 5:05-7:30-9:50
Frozen (G) Fri-Sun 11:30-2:20-4:55 Mon 4:55 Tue 2:20-4:55 Wed-Thu 4:55
Gravity 3D (PG) Fri-Sun 2:20-4:40-7:05-9:25 Mon 4:40-7:05-9:25 Tue 2:20-4:40-7:05-9:25 Wed-Thu 4:40-7:05-9:25
Jack Ryan: Shadow Recruit (PG) Fri-Sun 2:15-4:45-7:15-9:45 Mon 4:45-7:15-9:45 Tue 2:15-4:45-7:15-9:45 Wed 4:45-7:15-9:45 Thu 4
The LEGO Movie (G) Fri-Sun 11:20-2-4:40-7:20 Mon 4:40-7:20 Tue 2-4:40-7:20 Wed-Thu 4:40-7:20
The LEGO Movie 3D (G) Fri-Sun 11:50-2:30-5:10-7:50-10:20 Mon 5:10-7:50-10:20 Tue 2:30-5:10-7:50-10:20 Wed-Thu 5:10-7:50-10:20
The Monuments Men (PG) Fri-Sun 1:40-4:30-7:35-10:30 Mon 4:30-7:35-10:30 Tue 1:40-4:30-7:35-10:30 Wed-Thu 4:30-7:35-10:30
Mr. Peabody & Sherman (G) Fri-Sun 10:30-1-3:40-6:15-8:50 Mon 3:40-6:15-8:50 Tue 1-3:40-6:15-8:50 Wed-Thu 3:40-6:15-8:50
Mr. Peabody & Sherman 3D (G) Fri-Sun 11-1:30-4:10-6:45-9:20 Mon 4:10-6:45-9:20 Tue 1:30-4:10-6:45-9:20 Wed 4:10 Thu 4:10-6:45-9:20
Muppets Most Wanted (G) Fri-Sun 11:40-1:05-3-4-6-7-9-9:55 Mon 4-6-7-9-9:55 Tue 1:05-3-4-6-7-9-9:55 Wed-Thu 4-6-7-9-9:55
Need for Speed (PG) Fri-Sun 11:15-2:15-5:15-8:15 Mon 4:45-7:45 Tue 1:45-4:45-7:45 Wed-Thu 4:45-7:45
Need for Speed 3D (PG) Fri-Sun 10:35-1:35-4:35-7:35-10:30 Mon 6:15-9:15 Tue 2:15-6:15-9:15 Wed-Thu 6:15-9:15
Noah (STC) Sneak Preview, Thu 7:30
Noah: The IMAX Experience (STC) Sneak Preview, Thu 9
Non-Stop (PG) Fri-Sun 2:10-5-7:40-10:25 Mon 5-7:40-10:25 Tue 2:10-5-7:40-10:25 Wed-Thu 5-7:40-10:25
Philomena (PG) Fri-Sun 10:40
RoboCop (PG) Fri-Thu 10:30
Son of God (PG) Fri-Sun 1:10-4:20-7:25 Mon 4:20-7:25 Tue 1:10-4:20-7:25 Wed-Thu 4:20-7:25
That Awkward Moment (14A) Fri-Thu 7:50-10:10
The Wolf of Wall Street (18A) Fri-Sun 12:20-4:05-7:55 Mon-Thu 4:05-7:55

Leguizamo brings Ghetto Klown to HBO

Last autobiographical performance. The candid method actor and comedian has taken the traumatic moments from his life and made them funny in order to move on

MEREDITH ENGEL
Metro World News

Those who couldn't catch John Leguizamo's one-man career retrospective, Ghetto Klown, when it was on Broadway and on tour, now have another chance to see the rowdy, emotional performance: It's coming to HBO Canada Saturday night.

After four stand-up specials for HBO, Leguizamo is comfortable baring all on stage (emotionally, that is). "You do develop a callus," he says.

But Leguizamo wouldn't be able to be so vulnerable if he weren't in tune with himself — a practice that he credits his therapist in helping him with.

"You can't have a show like this and not go to therapy," says the actor and comedian, who is very open about the fact that he sees a therapist.

"You have to be very self-aware and want to be self-aware to be able to write a show about yourself, and a good show." Leguizamo says that there was no way he could present an honest account of his life without touching upon negative experiences ("The audience knows when you're fast-forwarding," he says). He believes that turning his tough times — like his tough relationship with his dad and his divorce — into art help him reframe the narrative and move on from them. "A lot of artists use art to take control of it," he says. "You recreate it lots of times until you can let it go.

"I'm taking all my traumatic moments, making them funnier than they actually were, but reworking them and having control over them this time, as opposed to them controlling me. When you're making the art you're the god, and then you can see all the sides of it and it gives you distance. Then it's not so toxic." The show took eight years to develop, and Leguizamo worked to ensure it ran "like a clock."

"I'm one person and I'm doing a lot of emotional things," he says. "I have to have certain things be right on time and right on schedule so that I can just be a springboard and fly, not thinking about anything." Being a method actor helps, he adds, because "it teaches you how to be crazy in front of a lot of people."

Leguizamo says Ghetto Klown is his "magnum opus" and that it's his last autobiographical performance. Up next, he'll be doing a political or historical performance of vignettes, in a tribute to his hero, Jonathan Winters.

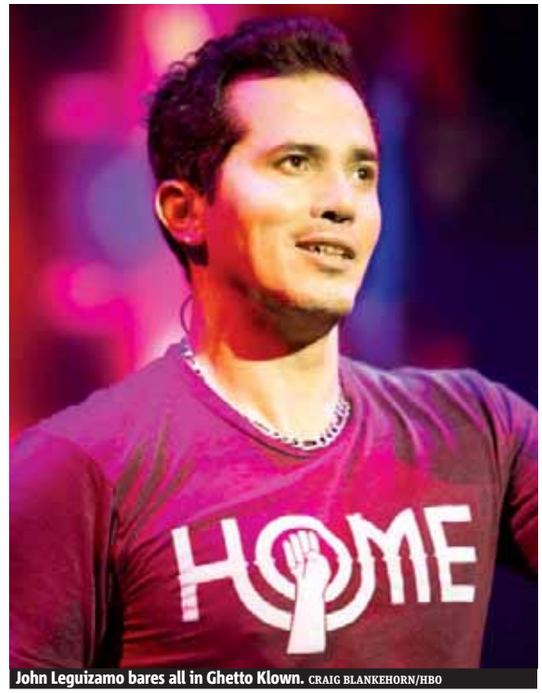
"This is my masterpiece. This is it. I'm not spending eight years on anything anymore — I can't do that. That was an incredible marathon, and it was worth the run, but now I need to do something totally different."

When to watch

- **Ghetto Klown airs Saturday at 10 p.m. on HBO Canada.**

Rated R

Not for the kids. Leguizamo's wife, Justine, has seen Ghetto Klown, but his two teenagers haven't — and won't until they've graduated college, he says. "They know it's inappropriate and they're not allowed," he says. "It's a lot of personal things that I'm not ready to share with them." By the time they're 21 though, "they'll have life experience," he says. "They'll understand a little bit."



John Leguizamo bares all in Ghetto Klown. CRAIG BLANKEHORN/HBO

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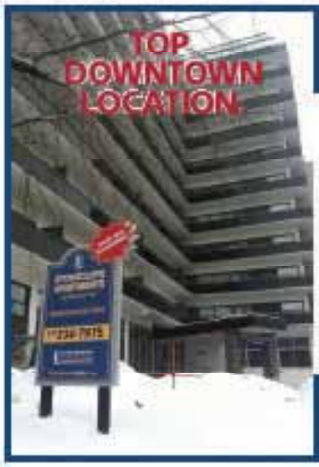

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Alexander Ludwig is Bjorn to be wild

Q&A. Vikings star talks about playing a young warrior — and why Bjorn would kick Cato's butt in a fight

MEREDITH ENGEL
Metro World News

Alexander Ludwig describes his character on Vikings as having a good heart, deep down. CONTRIBUTED

You might know Canadian actor Alexander Ludwig as Cato, the ill-fated brutish Career tribute in The Hunger Games. Now, he's taking on another tough-guy role, that of bold and bestial Bjorn, son of young warrior Ragnar, in season two of History's Vikings.

"I think Bjorn is kind of a diamond in the rough," says Ludwig. "He's really got a good heart. He can be vicious and he can be mean — he was known to be an incredible warrior — but deep down he does have a heart of gold."

Were you nervous about joining an already established cast?
Yeah, it's always a little intimidating when you're joining a cast that's been around, but they welcomed (me) with open arms and we got along super well. I had already met (my mother and father on the show) back in Los Angeles, so when I got back to Ireland we were just reuniting.

You're filming in Ireland?
We're filming in Dublin. I'd been to Dublin once before with my family but it was very short. It's great because now I'm older and I get to really experience it by myself, which I love. We're living there for like a full four or five months. It's unbelievable.

Was moving to another country a big culture shock?
I always heard Ireland was great but the people there are just so giving and they will really go out of their way, even if they don't know you, just to make sure you're having a good time and you are taken care of. They're really just a warm-hearted people and that kind of just shocked me because I wasn't expecting that. And they have a great music scene, which I love.

Let's talk about your costumes — or maybe in your case, your lack thereof.
For the most part I am clothed. (aughs). It's unbelievable what they've done with the costumes and I give a lot of props to the costume department. They've gone above and beyond and researched exactly what (the characters) would look like back then, and a lot of the material they make it out of is how they actually made their costumes back then. It really just makes it so much easier as an actor; you don't have to pretend to be a Viking at all. The sets are so exceptional and the clothing is so real you already feel you're in it.

Did you know much about Vikings before joining the show?
No, and I think that's why Vikings is doing so well — it is a part of history that not a lot of people know about, so there's very little to go off.

What are the challenges of playing someone who's so long gone?
I think there's a lot more freedom just because it was so long ago. There's very little for me to go off of. I think the only pressure really came from the fact that the character has already been established in the first season, so I took it upon myself to really ensure that there were certain fundamentals that I wanted to stay consistent with my character, like the depth of his character and his earnestness.

Bjorn was a very powerful Viking and he was able to command a lot of attention at a young age. I think a lot of that has to come from the fact that he was very sincere and he rarely smiled — when he did it really meant something. Everything he did had a purpose and in that way he was also a very intellectual and loving person. I wanted to keep that depth to him, but also, four years have gone by since you last saw him and a lot can change, so I wanted also to show that maturity to him now.

Who would win in a fight between Bjorn and Cato?
Bjorn would win. He's just so vicious. I think a lot of people were confused about why Vikings were so great, and why they would always win their battles — the equipment they carried wasn't nearly as good as what everybody else carried, but they were still able to prevail, and they had less people but they still were able to prevail. The reason is, they didn't fear death. To them, this was just the beginning, and once you died honourably you went on to another life.

Quoted

"It really just makes it so much easier as an actor; you don't have to pretend to be a Viking at all. The sets are so exceptional and the clothing is so real you already feel you're in it."

Alexander Ludwig on the costumes in Vikings

The cast of History's Vikings goes raiding in season two. CONTRIBUTED

YOUR HEALTH

President's own story: 15 years ago I started to have arthritis, prostate, kidney, snoring and sleep apnea problems, which were all helped quickly with natural health products. I made it my life's purpose to help others. *Nick A. Jerch*

Frequent BATHROOM TRIPS?

Bell Prostate Ezee Flow Tea #4a

Men have relief in 3-5 days from dribbling, burning and rushing to the toilet. **Works also for male incontinence.** Works in virtually every case. If you are considering surgery, try this tea first. Hundreds of delighted men testifying on our web site:

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■ **Had to get up every hour** at night. Now I get up once a night. *Joseph Whittaker, Sewell, NJ* ■ **I cancelled my prostate surgery.** Get up once a night. I'm so happy not to have to face the torment of a prostate operation and possible incontinence and impotence. *Albert E. Blain, 74, Schumacher, ON* ■ **Even after TURP prostate surgery** and microwave therapy had to get up many times. Now down to 1-2 times. Tea is 100% better than drugs. *Robert G. Stocker, Eustasis, FL* ■ **After 1st year drinking tea** my PSA went down to 4.5; after 2nd year to 2.9; after 3rd year to 2.3. I highly recommend the tea. A real life saver. *Thomas M. Thurston, Forsyth, GA*

Bell Bladder Control Tea #4b

Women have relief within days from **incontinence**, frequency, urgency and pain. Stop needless suffering and embarrassments. Go shopping & traveling with confidence. Stop wearing padding or diapers. True evidence with full names and towns.

#4b NPN 80048480

■ **No more wetting accidents.** Within a week I was in complete control. No side effects like with drugs I took. *Deborah Haight, 49, Collingwood, ON* ■ **Incredible results.** It's hard to believe a non-drug item is producing such quick relief. I suffered for 20 years with frequency and embarrassments. I now sleep through the night. *Linda Kleber, 62, Milford, NJ* ■ **Tea represents truth in advertising!** Being a skeptic, I ordered this Bladder Control Tea for Women as a more or less last resort, after trying every medication in the last 5 years. It worked better than I hoped for. Had relief within 6 days. Thank you for this great product, and above all, for truth in advertising. *Marina Rosa, 57, Las Vegas, NV*

High Blood Pressure?

To maintain cardiovascular health in adults.

High blood pressure is called the silent killer. If your BP is higher than normal, try to get it down to about 120/80. For many people it is easy to control. If it does not work for you we refund your money. On our website you will find over 50 testimonials with full names and towns from all over USA and Canada. Most of them have listed phone numbers and are happy to talk about the relief they had. No money was paid for testimonials. **Dr. C. Hammoud M.H., Ph.D.** recommends this effective fish peptide blood pressure natural product. So does Dr. Julian Whitaker M.D.

#26 NPN 80040870

Truthful actual experiences from real people: ■ **I was on 3 blood pressure drugs** that did not work well. After starting Bell #26 my readings are generally well below 120/80. *Dona A. Anderson, 76, Sooke, BC* ■ **My blood pressure was 157/90** and I had side effects from prescription drugs. I bought a monitor. After 6 months on Bell #26 I was down to 120/80. *Toni L. McCuistion, 52, Elizabethtown, PA* ■ **Blood pressure went from 170/110 down to 110/70.** Was on three medications that didn't help. Within a month on Bell#26 my BP dropped to 110/70. I thought I didn't need it anymore and the BP went up to 170/110 again. I will now stay on Bell. I am surprised about its effectiveness without side effects. Bell exceeds my expectations. Patrick McManus, 52, Edmonton, AB ■ **At work my driver's medical** test was too high at 170/100. After taking Bell #26 for a few days I went down to 128/84 which allowed me to pass my work medical. *Kris Geier, 48, Windsor, ON.*

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#10 NPN 80043220

WRIST PAIN

Bell Carpal Tunnel Syndrome #30 gave quick relief within an hour. I was hand milking cows and began having weakness, numbness and pain shooting up my arms. Pain increased at night. My doctor suggested surgery as the only option. Not true! The pain and numbness are all gone after taking #30. I can do now whatever activity I want. Marjorie Wilson, 55, Dubuc, SK

#30 NPN 80045489

■ **I'm a car mechanic.** Holding tools was getting increasingly difficult because of wrist and tendon pain. After 2 weeks on #30 I'm fully productive again. Cancelled scheduled surgery. William Marrero, 56, Miami, FL ■ **I was wearing wrist braces.** A woman saw it and told me she had relief right away with #30. I got some same day. It worked for me as well. Thanks a million. Diane Frank, 49, North Battleford, SK ■ **I'm a nurse and work with my hands all day.** I experienced increasing pain in my hands and fingers. Surgery was the only option I was told. My husband found #30 for me. I have no more pain or inflammation since. You have a life long customer. Nina Wallace, 52, Dacula, GA

HRT Menopause Combo

#33 NPN 80005070

■ **Hot flashes and night sweats stopped completely!** I was having a horrible time. The night sweats kept me awake. During the daytime I experienced at least 20 hot flashes. After taking Bell #33 HRT my hot flashes and night sweats were gone. I am sleeping well again. Other menopause products didn't work well enough. Charlene Currie, 52, Winnipeg, MB ■ **Headaches, sweating, dizzy, insomnia, mood swings, hot flashes all gone!** For 15 years I was suffering with menopausal health problems. Premarin made me sick to the stomach. I was in bad shape until I found Bell HRT Menopause #33. I feel great now. This is no lie. It does work! Sandra Mountney, 50, Bancroft, ON ■ **No night sweats. Yeah, I finally feel good again!** For the last 5 years I have gone through a lot of physical discomfort. I would get those hot flashes day and night and you just couldn't strip down when the sweat runs from your face, armpits and boobs. Nothing worked including Indol 3 Carbinol, MacaSure, prescription medication made it worse. My health food store owner Holly has saved my life with Bell HRT Menopause #33. Debbie Rahn, 55, Spruce View, AB ■ **For the last 2-3 years my life was miserable**, had mood swings, extreme anger, depression, feeling suicidal because of my menopausal emotions. After about 3 days on Bell HRT Menopause #33 I felt like a new person. I was singing in the kitchen and my partner was wondering what I was so happy about. I feel hopeful, positive and now have often a smile on my face. I thank you soooo much! Christina Kearns, 53, Kingston, ON ■ **Hot flashes, insomnia, low libido, complete relief!** For the last 10 years I had increasingly menopausal discomforts. Since taking Bell HRT Menopause Combo #33 I had complete relief. I sleep well, I got my groove back and my husband is a happy man again. It worked like a miracle. Uwanda Boyd, 41, Hamden, CT

Kidney Function

A diuretic for urinary tract infection.

#76 NPN 80035543

People Wrote us: My Kidney functions increased from 46% to 63% after drinking #76 Bell Kidney Cleanse & Function Tea for 3 months. Sayed Shah, 70, Richmond, BC ■ **As a diabetic my kidney function was decreasing** by 40% and I was warned I was heading for dialysis. After 2 months my new test came back with a 76% kidney function increase. Thank you for a product that actually works. Hyacinth Twin, 73, Miami, FL ■ **For the last 4 years** my doctor told me that my kidneys did not function properly. After using the Bell Kidney Tea for 9 weeks my GFR Filtration Rate went from 29 to 43. I couldn't be more delighted. I intend to drink the tea until I reach my goal of a GFR of 60. This product really works. Aaron H. Goldman, 86, Bronx, NY ■ **The Mount Sinai School** of Medicine Newsletter May 2010 states that normal kidney function cannot be restored with medicine. The main goal of treatment is to slow the progression of the disease by eating more fresh fruit and vegetables. This is the advice 40 million Americans with abnormal kidney function get (in Canada about 4 million could benefit greatly from this kidney tea). ■ **The president of Bell Lifestyle** is using the tea himself with a kidney function increase from 45% to 61% in 2 months and guarantees that the tea works or he refunds your money.

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Curate your cultural appetite

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Wonder offers sophisticated video picks from curators of art, science, cooking and literature, amongst other topics rich in discussion or delightful in distraction, all explored by your favourites or mood.

Video game review

Name. South Park: The Stick Of Truth

For. PS3/Xbox 360/PC

Rated. Mature 17+

It's hard to keep the jokes going for two hours, let alone 20, but this mature-comedy adventure had me roaring from start to finish. Exceptional writing makes this epic role-playing game feel like a South Park movie, capturing the way kids re-enact their stories only to use that to break every adult taboo. Yes, there's fart-based magic and underpants gnomes, but shockingly explicit material involving Nazi recordings and abortions too. The gameplay is an admirable mix of exploring and mini-games, the best being an 8-bit adventure to Canada.

KRIS ABEL

3 songs for the weekend

SOUND CHECK
Alan Cross
scene@metronews.ca

Courtney Barnett, an '80s revival and a tribute that is pretty, pretty, pretty good

Avant Gardener/ Courtney Barnett

My hands-down favourite new tune of the month. Beyond the deadpan delivery are lyrics that are surreal, inventive and witty. It's only later you realize she's singing about having an anaphylactic panic attack. Brilliant, really.

How Deep is the Hole/ACTORS

Cold wave (with a touch of New Romanticism) from Vancouver that takes you back to 1984. Pairs well with Interpol, Editors and old-school Depeche Mode.

The Seinfeld Reunion/Larry David

You've probably been hoping for a bunch of grindcore/death guys to form a band just so they could record an album based entirely on Curb Your Enthusiasm's Larry David. Well, your prayers have been answered. Definitely NSFW. Or anything else.

Canada's A-list

Arcade Fire, Sarah McLachlan added as Juno performers

Arcade Fire, OneRepublic and Sarah McLachlan have been added to the list of performers at the upcoming Juno Awards.

The Canadian Academy of Recording Arts and Sciences, which runs the televised music bash, says OneRepublic will perform their latest single, Counting Stars, while McLachlan will debut the song Beautiful Girl from her upcoming album, Shine On.

Arcade Fire, however, will appear via a taped performance due to touring commitments. The Montreal-based band — scheduled to be in Chile that same weekend — is up for a leading six nominations, including album of the year.

The Juno Awards, co-hosted by Classified, Johnny Reid and Serena Ryder, take place March 30 in Winnipeg and air on CTV. **THE CANADIAN PRESS**

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All-female tribute bands steal the show

Cover girls. Rock 'n' roll rebels give macho material a much-needed makeover

Clutching the microphone in her leather-gloved hand, Vanessa Dunn strutted onstage with wild abandon, crouching toward the swaying crowd as she wailed about giving "every inch" of her love.

A beat later, the frontwoman for Toronto's Vag Halen whipped off her tank top to belt out the rest of Led Zeppelin's Whole Lotta Love bare-chested.

Inside the Art Gallery of Ontario, where the show was held last June, the crowd roared its approval.

For Dunn, the gesture felt "incredibly natural," she said in a recent interview — nothing more than what male rock stars have done for decades without anyone batting an eye.

But even a casual move can sometimes send a powerful message, the singer discovered after receiving a letter from a fan.

"This woman was telling me there was just this energy that happened in the room that was like ... 'We could do that, too. Someone just did what all of us want to do,"' she said.

"That's what I've heard more, that when they see me up there and all of us up there doing what we do onstage, it's more like, 'Oh, it's for the taking, I can do that.'"

A rising star on the burgeoning scene of all-female cover and tribute bands — the group played at the Venice Biennale last May — Vag Halen makes no bones about reclaiming rock and roll's traditionally male, heterosexual voice.

It's a way of making peace with beloved but often problematic hits from rock heavyweights such as Led Zeppelin, Guns N' Roses and the band's namesake Van Halen, Dunn said, while creating more space for women in an industry where they still face significant barriers.

The movement has drawn high-profile praise, including frompop culture writer Chuck Klosterman, who once wrote that the American group Lez Zeppelin might be "the most powerful all-female band in rock history."

And Sheezer, a Toronto mainstay in recent years, got Weezer's stamp of approval when lead singer Rivers Cuomo mentioned the band in a tweet.

Yet some in the scene are less eager to draw attention to the politics surrounding their act, though they acknowledge it's impossible to skirt the issue entirely.

"All-female bands are not as common as all-male bands," and inevitably stand out as a result, said Carly Beath, lead singer of the Toronto-based Nirvana tribute band Hervana, which had its first show this month.

The group came together last year, its members all accomplished musicians in their 30s who "just happen to be women" and don't want to be defined by their gender, Beath said.

Many all-female tribute bands deliberately choose groups with misogynist lyrics, but Hervana's source material already has a feminist slant, so it's more a matter of celebrating rather than reclaiming it, she said.

"Nirvana songs are the songs I first learned to play when I was learning guitar, so we thought it would be fun to go back to the songs we started with," she said.

The same goes for Sheezer, whose main goal is to have fun playing music they love, the band's agent Jen Rogers said.

Dunn argues women-only tribute bands can't help but be subversive, whether they intend it or not.

"If you're going to do covers and choose an all-male catalogue ... that's inherently feminist," she said.

That the message comes in a fun, energetic performance helps explain the appeal, said Ken McLeod, an assistant professor of history and culture at the University of Toronto.

"It's managing not to take itself too seriously" while delivering a mix of critique and homage, he said. "It's fun and political at the same time."

THE CANADIAN PRESS

Quoted

"That's what I've heard more, that when they see me up there and all of us up there doing what we do onstage, it's more like, 'Oh, it's for the taking, I can do that.'"

Vanessa Dunn, frontwoman, Vag Halen
on women's reactions to her band

Vag Halen lead singer Vanessa Dunn performs in Toronto. ALEJANDRO SANTIAGO

Weir through: Skating star announces marriage has frozen over

Johnny Weir ALL PHOTOS GETTY IMAGES

Figure skating star Johnny Weir has split from his husband of two years, Victor Voronov. "It is with great sadness that I announce that my husband and I are no longer together," Weir wrote on Twitter. "My heart hurts, and I wish him well."

Skating star Weir, who, along with partner Tara Lipinski, made a big splash at the 2014 Winter Olympics with their snappy commentary and even snappier outfits, has been married to Voronov, a Georgetown law grad, for two years. The Weir-Voronovs were in court on March 4 for a domestic violence incident, during which Weir allegedly bit Voronov, according to Page Six. Just last month, Weir spoke to Access Hollywood about his relationship and mentioned the stresses of married life.

"A marriage between two guys is different than what I imagine a marriage between a man and a woman (to be)," he said. "I mean, we're both constantly trying to fight to wear the pants in the relationship."

"It's constant fireworks," Johnny added. "It's very boom, boom, boom."

Lindsay Lohan

Did Lindsay give her sober living coach the heave-Lo?

Lindsay Lohan's vows to lead a cleaner life post-rehab are coming into question since she reportedly fired her sober living coach, Michael Cormier, once filming had been completed on her Oprah Winfrey-produced reality show, according to Radar Online. "Lindsay immediately hired Michael to be her sober living coach and companion. He moved from Los Angeles to New York City to be with her 24-7," a source says. "But as soon as the cameras were packed up, Lindsay gave Michael the pink slip, and he hasn't heard from her since." The cost of such a service might have been a factor for the often cash-strapped starlet: "This wasn't cheap for Lindsay, as Michael charges up to $1,500 a day," the source explains.

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Detectives boiling over easy resolution in cel-egg-rity case

Justin Bieber is set to get off with just a misdemeanor vandalism charge for the January egg-throwing incident at his home in Calabasas, Calif., and the L.A. County Sheriff's Department detectives who investigated the matter are "absolutely furious" about it, according to Radar Online. "He caused $20,000 in damage and there is just no denying that," a law enforcement source — who asked not to be identified — says. "It sends the wrong message to the community that celebrities are treated differently. This case should be filed against Justin as a felony, period." But the L.A. District Attorney's office disagreed, stating last month that "there just isn't enough compelling evidence to file a felony vandalism charge against Justin."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Just call her Debbie Downer Diaz

MELINDA TAUB
Metro World News

"Everybody has been cheated on, everyone will be cheated on. I can't fix that, I don't know how," Cameron Diaz tells the British edition of OK! Magazine. (Editor's note: Please don't confuse The Diaz by telling her it is possible to not cheat on someone if you just decide not to cheat on someone.) Diaz is also fine without having kids, because that means she can travel. (Editor's note: Please don't confuse The Diaz by telling her it is possible to buy your child a plane ticket.) "We are tribal, we need our tribe," she says. "I have a bunch of little tribes all over the world that I pop to for a little bit of time, and then I move on. And that's the great thing about being mobile. A lot of my friends have kids and they are stuck, planted in one place, and I kind of get to pop into all the different little tribes around the world and hang out for a little bit."

Liquid Assets

Playing wine favourites

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Wine writers make the worst customers. Short of trying the new vintage of a familiar brand, our quest to taste everything makes buying a wine more than once unlikely.

That doesn't mean that you shouldn't play favourites. In fact, I recommend that everyone should have at least 10 go-to wines that have proven themselves consistent, versatile and fun to drink (whether with a particular dish or on their own).

Having a Top 10 means you're always ready with a bottle you know will deliver — especially when you're invited to the boss's house for dinner or want to show off your wine savvy to friends.

A reliable Chianti needs to be on your list. Made primarily from the sangiovese grape, it's the quintessential Tuscan red.

The 2009 Ruffino Riserva Ducale ($24.95 - $34.99) comes from Chianti's Classico area — the oldest part of the region. Packed with chewy blackberry and cherry fruit, its flavour flow is massaged by bright acidity and dry, grippy tannins. Try it with rustic Italian dishes like osso buco, meaty lasagna and, of course, pizza.

PRICES REFLECT RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Even though it may not feel like it in certain parts of the country, spring has sprung. Bestselling Australian chef Donna Hay helps us celebrate with a recipe that's both refreshing and light from her cookbook Fast, Fresh, Simple.

Greet spring with Cheat's Goat's Cheese Soufflé

This Cheat's Goat's Cheese Soufflé with Roasted Beetroot Salad serves four. DONNA HAY

FAST, FRESH, SIMPLE
Donna Hay
gustotv.com

1. Preheat oven to 200 C (400 F).

2. Roasted beetroot salad: Trim, wash and scrub the beetroot, reserving the smaller leaves. Discard the stems. Place the beetroot and rosemary on a baking tray and sprinkle with oil and salt. Roast for 40 minutes or until tender. Set aside.

3. Soufflé: Place the cheese, cream, salt and egg yolks in the bowl of an electric mixer and beat until light and fluffy. Fold through the breadcrumbs.

4. Place the egg whites in a clean bowl and beat until soft peaks form. Fold the whites into the cheese mixture.

5. Spoon into 4 x 1½-cup capacity (375 ml) lightly greased ramekins and bake for 20–25 minutes or until puffed and golden. To serve, halve the larger beetroot and toss with the leaves. Whisk together the vinegar, oil, salt and pepper and spoon over the salad. Serve with the soufflé. **WATCH DONNA HAY FAST, FRESH, SIMPLE THURSDAYS STARTING AT 10 P.M. EST/PT ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINE-UP AND MORE GREAT RECIPE IDEAS.**

Ingredients

- 150 g soft goat's cheese
- 1 1/2 cups (375 ml) single (pouring) cream
- sea salt
- 2 eggs, separated
- 2 cups (140 g) fresh white breadcrumbs

Roasted Beetroot Salad

- 600 g baby red and golden beetroot (beets)
- 6 rosemary sprigs
- olive oil and sea salt, for sprinkling
- 2 tbsp red wine vinegar
- 2 tbsp olive oil
- sea salt and cracked black pepper

Dessert

Cheat's Raspberry Brûlée

- 300 g frozen raspberries
- 1/3 cup (75 g) caster (superfine) sugar
- 1 1/2 cups (420 g) Greek-style thick natural yogurt
- 1 cup (250 ml) heavy cream
- 2 tbsp caster (superfine) sugar
- 1 tsp vanilla extract
- Extra caster (superfine) sugar, for sprinkling

Place raspberries and sugar in saucepan over high heat and simmer 20 minutes or until mixture thickens. Spoon raspberry mixture into 4 x 1-cup capacity (250 ml) ovenproof dishes. Refrigerate until cold. Whisk yogurt, cream, sugar and vanilla until thick and spoon over raspberry mixture. Refrigerate until cold. Sprinkle with sugar and caramelize sugar with a kitchen blow torch until golden. **DONNA HAY, GUSTOTV.COM**

The recipe serves four. DONNA HAY

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Canadian skip Rachel Homan, right, and second Alison Kreviazuk tap fists as they play China at the Ford World Women's Curling Championship in Saint John, N.B., on Thursday. ANDREW VAUGHAN/THE CANADIAN PRESS

Homan and company secure playoff spot

Age is just a number. The young Canadian squad beat out another young team from China, 6-4

Quoted

"This team may be young, but we've had so much experience." Lisa Weagle, Canadian curling team

Rachel Homan's curling team struck a balance between patience and aggression to make the playoffs at the Ford Women's World Curling Championship.

The average age of Homan, third Emma Miskew, second Alison Kreviazuk and lead Lisa Weagle is just shy of 26, but they're a Canadian women's curling team ahead of the curve when it comes to the big-game experience and the lessons learned in those games.

A 6-4 win over another young, tough team from China on Thursday at Harbour Station secured a playoff berth for the host country.

Homan's foursome out of the Ottawa Curling Club was 9-1 with one game remaining in the preliminary round against Sweden.

The Canadians already knew with the victory of Liu Sijia, however, that they'd have a chance to upgrade the bronze medal they won in their world championship debut a year ago.

Homan, Miskew and Kreviazuk have been teammates for over a decade.

Since graduating from the junior ranks four years ago, they and Weagle have played in three national women's championships — finishing fourth and winning twice — two world championships and an Olympic trials.

"This team may be young, but we've had so much experience," said Weagle, the oldest at 28. THE CANADIAN PRESS

Hockey

Dineen to tackle under-18 job

Kevin Dineen led Canada's women to a gold medal at the Sochi Olympics, and his next task will be coaching the men's under-18 team at April's world championships in Finland.

"I think any time you get to represent Canada in international competition it's a real honour," Dineen said in a phone interview Thursday night. "Obviously with our success in Sochi, it was a great time for me to sit back and enjoy that."

THE CANADIAN PRESS

Spring training

Tigers struck down and out vs. Nats

Stephen Strasburg allowed three hits and struck out five in five scoreless innings Thursday, helping the Washington Nationals beat the Detroit Tigers 8-1.

Strasburg has given up one earned run and eight hits in 14 innings with 10 strikeouts and four walks.

THE ASSOCIATED PRESS

Spring training

Bautista's bat still blazing vs. Phillies

Jose Bautista extended his torrid spring training with a double and Esmil Rogers gave up just one run in five innings Thursday as the Blue Jays beat a Philadelphia Phillies split squad 3-1.

Bautista went 1-for-3, and is hitting .359 with five homers, four doubles and 11 RBIs. Erik Kratz homered twice and was 3-for-3, and Moises Sierra also connected for Toronto.

THE CANADIAN PRESS

Ennis shines in March Madness debut

Tyler Ennis of the Syracuse Orange calls a play as Tucker Haymond of the Western Michigan Broncos defends during the 2014 NCAA men's basketball tournament in Buffalo, N.Y., on Thursday. JARED WICKERHAM/GETTY IMAGES

The mini basketball nets that hang all over Tyler Ennis's home in Brampton, Ont., have taken a beating over the years.

In a family of six athletic kids, everything becomes a competition.

The 19-year-old Ennis led the Syracuse Orange to a 77-53 victory over Western Michigan in their opening game of March Madness on Thursday, running the offence with a quiet confidence developed over years of playing alongside two bruising older brothers.

"Very competitive," dad Tony McIntyre said of his kids. "Those Fisher Price nets, and the ones you hang on the door, they'd break those off. Then you'd hammer them into the ceiling in the basement. They'd break those.

"It would get heated. You'd have to break up fights. Out on the street when they'd play 2-on-2 or 1-on-1, someone would always end up upset and kicking the ball down the street."

Ennis, who led Syracuse to a No. 3 seed and the school's 37th berth in the NCAA tournament, scored 16 points and doled out six assists in Thursday's resounding victory in Buffalo.

Ennis, one of a crop of rising Canadian stars playing in March Madness, led the Orange to a 25-0 start to this season and the No. 1 ranking in the NCAA for three consecutive weeks, before the Orange lost five of seven games down the regular-season stretch.

THE CANADIAN PRESS

Horoscopes

♈ Aries
March 21 - April 20
Don't waste time on regrets. This is your time of year and if you are positive you will enjoy the kind of progress that makes yesterday's doubts and failures irrelevant.

♉ Taurus
April 21 - May 21
You may have to remind someone that you do not exist merely to be there when they call. Today's lunar eclipse of Saturn in your opposite sign will help you express negative feelings in a positive way.

♊ Gemini
May 22 - June 21
Try not to let your annoyance show if a friend gets something wrong. Resist the urge to criticize and instead offer words of advice in a supportive way. Chances are they'll get it right next time.

♋ Cancer
June 22 - July 23
The most important thing today is that you make sure the facts support your point of view. If you make claims that others find easy to show are false, it won't do your reputation a lot of good.

♌ Leo
July 24 - Aug. 23
Anything you do in haste over the next 24 hours will be repented for days if not weeks to come. Slow down, take your time and make sure you have made the correct decisions before you take any action.

♍ Virgo
Aug. 24 - Sept. 23
It's easy to find fault with others, but is your own life blameless? If you get critical today you may find someone turns the tables by highlighting your own failures.

♎ Libra
Sept. 24 - Oct. 23
The planets warn if you shoot your mouth off today you may provoke someone who knows how to hit back. And they will hit you where it hurts most — in your wallet.

♏ Scorpio
Oct. 24 - Nov. 22
Today's lunar eclipse of Saturn in your sign suggests you are bursting to say things you know you shouldn't. However, the longer you keep your thoughts bottled up, the bigger the explosion will be.

♐ Sagittarius
Nov. 23 - Dec. 21
Refuse to do anything you consider underhand or unfair. Others may enjoy cutting corners but you know that in the long-term, negative behaviour has a way of coming back at you.

♑ Capricorn
Dec. 22 - Jan. 20
Say what you believe to be true and don't worry too much about the effect it may have on others. Facts are facts and must not be denied, not even to spare the feelings of those who are not as smart as you.

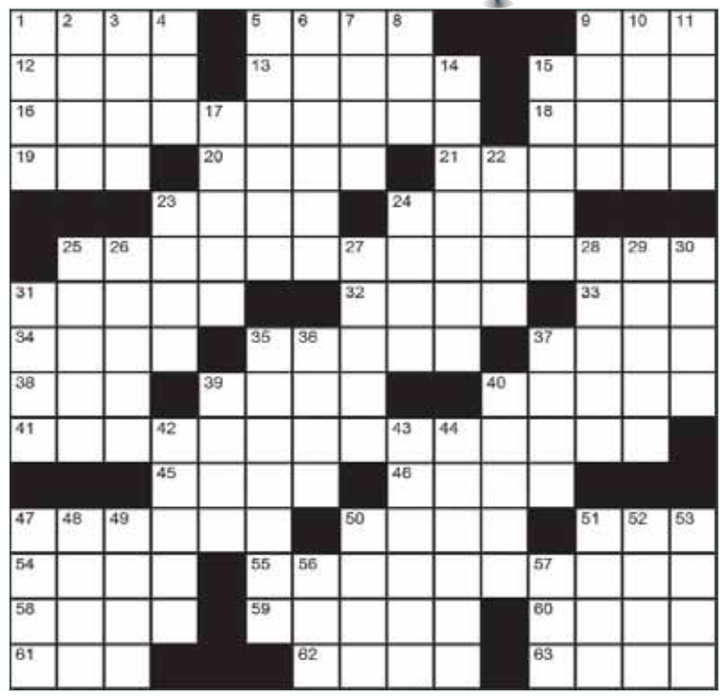
♒ Aquarius
Jan. 21 - Feb. 19
You want to make a difference in a good way, but how do you actually do that? What happens over the next 24 hours will point you in the right direction. Start marching!

♓ Pisces
Feb. 20 - March 20
A question that's been nagging at your brain for a long time will finally be answered today. It may surprise you how simple the solution is but isn't that often the way? Next time, try not to make such a big deal of it. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

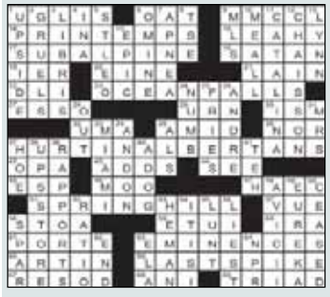
BY KELLY ANN BUCHANAN



Across
1. __ Mall (Famous street in London, England)
5. Dines, informally
9. You-know-__
12. Nautical side
13. "The Love Boat" bartender
15. Gardening product
16. 1942 Bogart/Bergman movie
18. Seepage sort
19. Cousin of -ette
20. Time delays
21. Author of the best-seller at #47-Across, Joseph __
23. Hourly pay
24. Macbeth's burial place
25. Sports rivalry in AB: 3 wds.
31. Correspond
32. Acad.
33. Narcotics agcy. in The States
34. Shania Twain's "I __ No Quitter"
35. 'Health' in Hull
37. Titles in Turkey
38. Chew out
39. Mr. Jacobs of fashion
40. Guitarist who wears a top hat
41. Manitoba's Wekusko Falls, for one: 2 wds.
45. Driveway sights
46. Pere's partner
47. The __ (Winner of CBC's 2014 Canada Reads battle-of-the-books)
50. Roof part
51. Actor Mr. McBride
54. Horse coat
55. Character in "Muppets Most Wanted" (2014): 2 wds.
58. Mystique
59. Zac of showbiz
60. Laze
61. "Dancing with the Stars" judge Mr. Goodman
62. Temple, poetry-style
63. Catches on

Down
1. Tempo
2. "Ah, me."
3. More-not
4. Singer/actress Ms. Michele
5. Farm fodder
6. Accepted practices
7. Pots and __
8. Bag-like structure
9. Carpentry material
10. Smog
11. Foretoken
14. Freight train's last car
15. True blue
17. Finger point
22. "Don't bet __!": 2 wds.
23. 60-__ bulb
24. "__ it about time?"
25. __Tuck
26. Vernacular
27. "The Da __ Code" (2006)
28. 'E' in poetic monogram EAP
29. Inquire once more
30. Certain cincture
31. Sci-Fi speed
35. New Mexico's capital: 2 wds.
36. Curves
37. Wings
39. Intellect
40. Shopper's binge
42. "Wheel of Fortune" letters-turner
43. Popular online 'bookstore'
44. Maroon 5 singer Adam
47. __ agreement
48. Libertine
49. Clear
50. Better Than __ (Rock band)
51. Hand over
52. "Stop!"
53. Furies
56. Sour
57. Large

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		7	9		2			
	3					4	7	
9	4				7	8		
2		3	6				9	
				8				
	7				9	2		1
		4	1				3	5
	6	1					8	
			7		5	6		

Yesterday's Sudoku

2	3	7	8	4	1	9	6	5
1	5	6	2	9	3	8	7	4
4	8	9	6	5	7	2	1	3
3	6	8	1	2	9	4	5	7
7	9	1	5	6	4	3	2	8
5	2	4	7	3	8	6	9	1
9	4	5	3	1	2	7	8	6
6	7	2	4	8	5	1	3	9
8	1	3	9	7	6	5	4	2

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2°/-6°
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Saturday
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